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# Scotch Plains NJ

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# 5TH GREAT-GRANDDAUGHTER VISITS JONATHAN OSBORN HOME

*Scotch Plains/Fanwood Historical Society*

Members of the Scotch Plains/Fanwood Historical Society were delighted to welcome Dana Jo Osborn Morse, of Campbellsville, Kentucky to The Osborn Cannonball House Museum. She is the 5th great-granddaughter of Jonathan Osborn, the patriarch of the Osborn family and original owner of the home. The Osborns were a distinguished family who were instrumental in the early formation of Scotch Plains town and whose sons fought in the American Revolution.

Dana's 4th great-grandfather, John Baldwin Osborn (1754-1848), was a Revolutionary War hero and beloved Deacon of the Scotch Plains Baptist Church for 46 years.

Dana had never heard of the small town museum until her nephew, Aaron Osborn, began tracing their lineage online. It was there that he ran across an article about John Baldwin Osborn's Revolutionary War service and the story of the cannonball hitting his childhood home, now The Osborn Cannonball House Museum.

Dana and her husband enjoy visiting historical sites around the country, so when she learned that John Baldwin Osborn's childhood home still stood and was now a museum in Scotch Plains, NJ, she became extremely excited. On a recent trip with friend Brenna Nugent to Pennsylvania and the Jersey shore, she decided to take a detour to visit her ancestral home.

Docent, Renate Maroney guided Dana on a tour of the home and shared with her the rich 18th Century history of Scotch Plains, her ancestors, and their connection to America's Revolutionary War.

If you would like to visit The Osborn Cannonball House Museum, located at 1840 Front Street, Scotch Plains, NJ, it is open the first Sunday of each month (except January & February) and by appointment by calling 908-322-6700, Ext. 230.

*(above, r-l) Dana Jo Osborn, and her friend Brenna Nugent, pose near an early 19th century painting of one of her ancestors, Aaron Osborn, by famous 19th century portrait artist Micah Williams.* Courtesy Photo

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# PARTNERSHIPS FULFILLED: $256,400 IN SCHOLARSHIPS

*The Scotch Plains-Fanwood Scholarship Foundation*

The Scotch Plains-Fanwood Scholarship Foundation has continued to fulfill its mission of helping local students achieve their goals of a higher education by distributing 148 scholarships with over $256,400 in scholarship aid to 133 deserving students at the end of the 2025-2026 school year.

Throughout the year, members of the Scotch Plains-Fanwood community generously contributed to the Foundation's "Dollars for Students Campaign," which distributed $21,000 to various high school and college students who are residents of Scotch Plains or Fanwood and have demonstrated both impressive academic achievement and financial need.

"The dedication of our community and donors to supporting our mission is so inspiring," said Michelle Wyrwa, Foundation President. "The annual awards night is one of my favorite nights of the year and I am so impressed by the graduating seniors and college students who receive awards."

Congratulations to these outstanding scholars and our deepest thanks to all of our partners who have stood by us for over a half a century.

For further information, including a full list of recipients, please visit our website SPFScholarshipFoundation.org, or contact the Foundation's president, Michelle Wyrwa at spfscholarshipfoundation@gmail.com.

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**Scotch Plains NJ**
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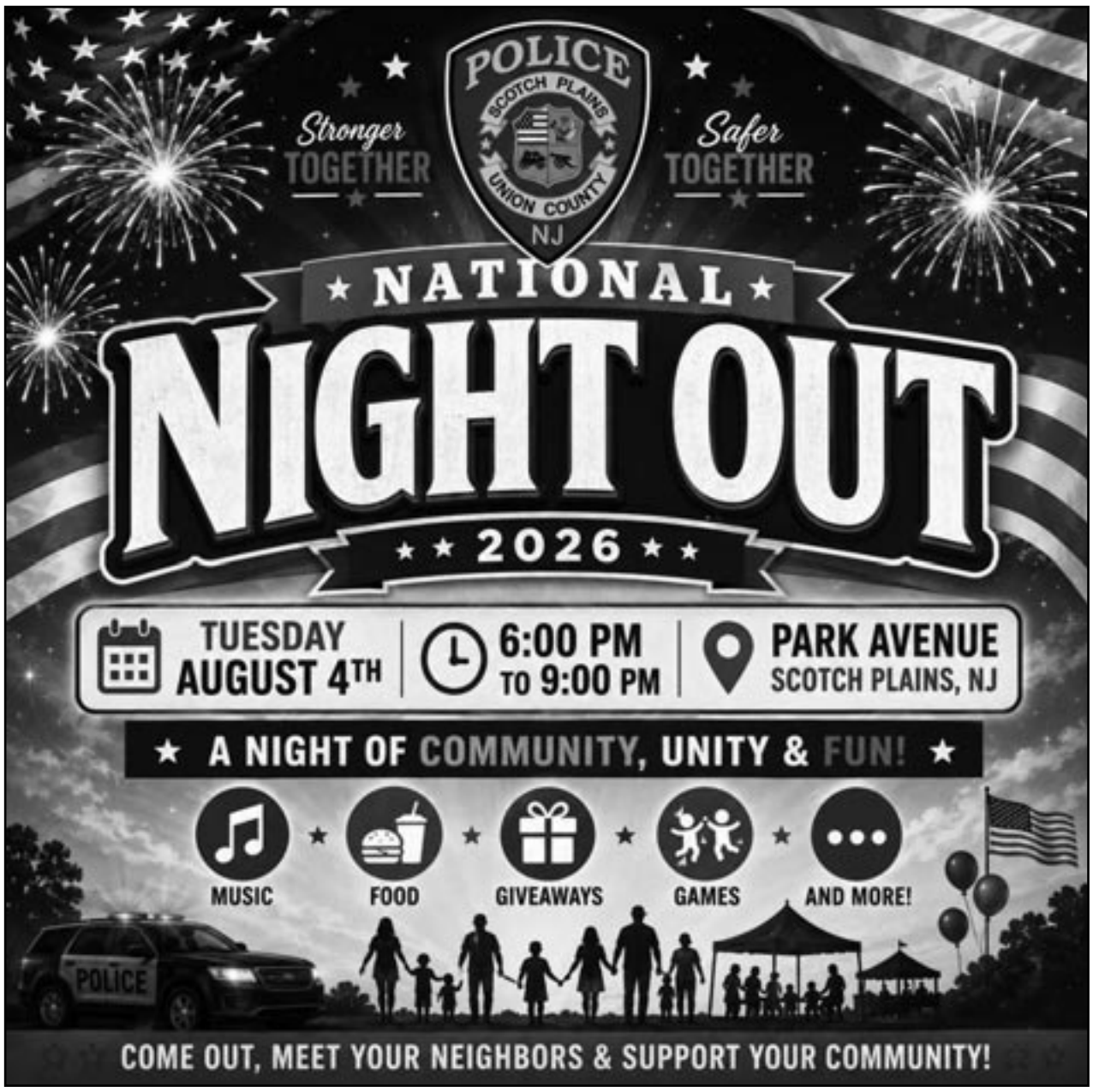


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# GLP-1 FAILED THIS NEW PROVIDENCE MOM…BUT THEN SHE DROPPED 80 POUNDS AND RAN HER FIRST 5K.

There's something nobody tells you when you start GLP-1.

The medication can help you eat less. It can move the scale. For a lot of people, it's a genuine tool that opens a door that felt permanently closed.

But it can also quietly take something you can't afford to lose. Research shows that for many people, 25 to 40 percent of the weight lost on a GLP-1 isn't fat at all — it's muscle. The very tissue that keeps you strong, steady on your feet, and independent as you age.

So here's what Cristina Montero learned the hard way:

The medication is not the transformation. It's just the beginning of one — if you do the other parts right.

Cristina is 52, a mom from New Providence, and she's down nearly 80 pounds. Her inflammation markers (the culprit for almost every disease) are finally normal. She runs, carries five-gallon water jugs up the stairs and crossed the finish line of her first 5K without walking a single step.

But she'll be the first to tell you: the shot alone didn't do that.

This is her story… and if you're over 40 and currently taking GLP-1, or thinking about it, it may be the most important thing you read this year.

**GLP-1 WASN'T ENOUGH ON ITS OWN**

Before she started this journey, Cristina was ashamed… and she hid under her clothes.

"I knew how I felt and looked was my fault but I needed help," she said. "I always had an excuse for why I couldn't walk, exercise, or take the stairs. I felt tired and achy often. My doctors would tell me to lose weight and I'd say sure, I'm trying — but never really started. I functioned, yes. But I never realized how much my body missed feeling really great."

The frustrations ran deep. Looking in the mirror and hating how her clothes fit. Her chest size felt unmanageable, leading to upper back pain every single day. After gaining close to 100 pounds during her son's pregnancy, her health had taken a serious turn — arthritis in her knees, autoimmune issues, hypertension, and chronic inflammation that no medication seemed to touch.

"My energy — well, if I was in the middle of the mall and they only had stairs, I'd look for an elevator or just sit and wait," she said. "I was so out of shape for the last 25 years. Always tired, almost every morning waking up with a new pain.

There were moments that were quietly humiliating — the ones she didn't talk about much. If something fell on the floor, she had to ask her kids or husband to pick it up because kneeling caused excruciating knee pain. There were times her back spasms were so severe she got stuck on the floor.

She tried everything. The 3-day tuna diet. Nutrisystem. A staple in her ear. Atkins. Weight Watchers. Paleo. Gluten-free. 21 Day Fix. Factor. Orangetheory. Private trainers. Get In Shape Women. Zumba. Some of them worked temporarily. None of them lasted.

"I was successful in some of them but it never lasted," she said. "I'd start to lose a little weight, then go back to normal habits — and always gain it back and more.

Then came GLP-1.

The first time she tried it, she thought the injection alone would do the work. No meaningful diet changes. No exercise. Just the medication.

"That failed miserably," she said plainly. "Injecting and continuing to eat normal junk didn't move the scale like I expected. It only made me feel sick."

She stopped GLP-1. A few months later she tried again… this time with a completely different mindset. This time, she was mentally ready to include something she'd always avoided: A fitness program with people that knew what they heck they were doing.

**THE CONVERSATION THAT CHANGED THE PLAN**

Cristina's son, Andres, had been talking to her for years about what lasting change actually requires. When Cristina restarted her GLP-1 journey he helped her understand something that most people on the medication never hear: the drug can reduce your appetite and help with weight loss, but without weight training, a significant portion of what you lose won't be fat — it'll be muscle. As much as 25 to 40 percent of it, according to the research.

And muscle isn't just about looking toned. It's the tissue that protects your bones, keeps you strong, and decides whether the next twenty years of your life are spent independent or needing help. Lose muscle and everything gets harder. Your metabolism slows. You feel weak.

"My son opened my eyes to incorporate weight training and cardio," she said. "That was the piece I'd always been missing."

**NOT THIS** **THIS**

That's when she walked into Gabriele Fitness, a small personal training gym in Berkeley Heights that had a 19 year stellar reputation for helping adults over 40 get in the best shape of their lives. As trainers that always stay on the cutting edge… they knew exactly how to help someone taking GLP-1 maximize their results.

**WALKING INTO GABRIELE FITNESS FOR THE FIRST TIME**

She arrived embarrassed, scared but quietly hopeful.

Like many adults over 40 she was afraid of making her knee pain even worse and was convinced she wouldn't be able to do most of the exercises. And after years of fitness programs that hadn't worked, she was bracing herself to be disappointed again.

What she found was something different than anything she'd experienced before.

She started two days a week. The coaches didn't hand her a generic program and wish her luck. When her knee barked, they modified it. When her back felt it, they adjusted in real time — often before she said a word…because they were watching her face, her movement, the subtle signals her body was sending. And every session was building the one thing the medication couldn't give her back: strength.

"They know when to push and how much," she said. "They recognize when it's an off day and work with me to keep me moving. No more excuses."

For the first time in 25 years of trying, she didn't feel lost in a gym and instead was filled with hope.

**WHAT HAPPENS WHEN GLP 1 AND PERSONAL TRAINING WORK TOGETHER**

Once the training clicked alongside everything else, the results that had been stalled for months began to move — and they didn't stop.

Nearly 80 pounds gone. Inflammation markers, elevated for over a decade despite multiple medications, are finally normal. Her doctors, who had been telling her for years to lose weight, are looking at her bloodwork with something close to disbelief.

**"Years of taking so many meds could have been avoided with a prescription to a gym with a great group of caring personal trainers"**

But the numbers only tell part of the story.

"My clothes fit better and I actually don't hide under them anymore," she said. "I've lost inches throughout my entire body. Occasionally when I'm with my husband and kids, I love showing them how I notice a muscle — how my quads are actually forming. It truly is amazing. It's a change I never thought I'd see."

She's simply a happier person. After she posted a picture recently, a friend reached out to congratulate her for looking so happy and confident — and then told her she'd motivated her to start as well.

"I feel more confident in my clothes and in my own persona," Cristina said. When people see me in person, they tell me I look like a completely different person. A happy and confident woman."

She can kneel now without pain. The woman who used to ask her kids to pick things up off the floor because she couldn't bend down now carries five-gallon water jugs in each hand up the stairs. She hops into her husband's truck without struggling. She wears three-inch stiletto heels. She walks into any store she wants and does a celebration dance in the fitting room when things fit.

These aren't just cosmetic wins. They're the quiet markers of a body that's going to stay strong and independent for decades — getting off the floor on your own, carrying the load, catching yourself when you stumble. That's what muscle buys you, and it's the one thing no injection can.

And this past September, she stood at the starting line of a 5K, knowing she never had run that far in her life. She was nervous and worried she wouldn't make it.

She crushed it, and didn't stop once. Not even on the hill.

"Crossing that finish line without stopping was one of the proudest moments of my life," she said

**A PERSONAL MESSAGE FROM CRISTINA TO ANYONE ON GLP-1 — OR THINKING ABOUT IT**

"GLP-1 is a tool. But it's not the secret fix the media is making it out to be. I learned that the hard way the first time around. The gym — real coaching, real structure, real accountability — is what made everything actually work.

I'm not getting any younger, and I want to live long enough to see my grandkids. Most importantly, I don't want to be a burden to anyone. That's what finally got me serious.

Get Started before you feel ready. You don't need to know what you're doing or get in shape on your own BEFORE you hire a trainer… that's what they're for. Just show up and the right gym will take it from there. For me, it's Gabriele Fitness and that one decision changed everything for me. You'll start to feel better than you have in years. Slow and steady works, if you stay consistent.

We all start nervous. Stop waiting for the perfect time and just get up and start."

For Those Who See Themselves… or are worried about someone that would resonate with Cristina's Story — Read This:

Gabriele Fitness has opened 13 spots for local residents to experience their personal training program FREE for 14 days. You'll get 14 days to experience what Cristina found when the missing piece finally clicked into place.

This offer expires soon and is limited to 13 people. To get the full details and see if any spots are still available, scan below or call 908-464-4441

**Scan the code or go to refer.gabrielefitness.com/cristina or Call us at (908) 293-9666**

**P.S**. Many people reading this article will be inspired by Cristina yet still feel hesitant to try the program. With anything new, there's always uncertainty — especially with something like a new fitness routine. But if you're not working out right now, or you've been inconsistent (like most people) you've read the exact article you needed to read today because…

Gabriele Fitness has helped thousands of people in this community over the past 19 years. For some, the program has had a life-changing effect, and many members have stayed for nearly two decades.

A large number of them are now in the best shape of their lives (…and 2 decades older) — but they all started in the same place as anyone reading this and considering starting their fitness journey. Because living longer only matters if you stay strong enough to enjoy it.

If you're still hesitant, the link below shares an ocean of success stories from people just like you… who've transformed their lives… and in some cases, the lives of everyone in their family. This is powerful stuff.

https://gabrielefitness.com/results/

To get the full details about the Free Personal Training Program and to see if any of the 13 spots are still available scan below…

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# $56,080 CLEAN COMMUNITIES GRANT AWARD

*Scotch Plains Township*

Scotch Plains will be receiving a $56,080 Clean Communities grant from the state Department of Environmental Protection's (NJDEP) Solid Waste Division.

Clean Communities grants help municipalities and counties across New Jersey promote volunteer and paid clean-up events, purchase equipment, support enforcement activities and educational opportunities.

"The Township Council and I are always looking for ways to push Scotch Plains toward a cleaner, greener future," said Mayor Josh Losardo. "Our Department of Parks and Recreation, as well as our Green Team, conducts numerous programs aimed at keeping our town litter-free throughout the year. It is through programs like Clean Communities that we are able to keep our streets, open space, recreation areas and township grounds clear of litter and debris."

"Scotch Plains has consistently been one of the top municipalities in the state in regards to fighting litter," said NJCCC Executive Director JoAnn Gemenden.

"We work closely with Scotch Plains to ensure that state funds are continually maximized to develop and implement anti-litter education and programming in the township, as well as to coordinate local clean-ups," she said. "We are confident that Scotch Plains will use the funding this year in a smart, strategic way to further expand the Clean Communities mission."

In total, the NJDEP is awarding $22.4 million to eligible municipalities and $2.8 million to counties across the state to conduct cleanups, educate the public and enforce litter-related laws and ordinances. Allocations on based on statistical reports that outline the number of housing units and municipally-owned roadway mileage in a respective area.

Grants are funded by a legislated user-fee on manufacturers, wholesalers and distributors that produce litter-generating products.

"Local litter abatement programs are more important than ever as we strive to prevent roadway litter from getting into our waterways," Gemenden added. "Clean Communities grants provide local governments with critical funds to help create a Litter Free NJ."

NJCCC operates public awareness campaigns to educate the public, primarily youth, about the adverse environmental impacts of litter, especially on waterways.

The organization also helped facilitate the transition away from single-use plastic and paper bags with its Litter Free NJ campaign, using public service announcements and other outreach to remind residents to bring their own reusable bags when shopping, and to recycle plastic bags. These efforts have helped to significantly reduce the amount of plastic pollution in the state by an estimated eight billion single-use bags per year.

Litter comes from many sources, such as people who carelessly toss away their trash, overflowing and uncovered garbage cans, and construction sites. Litter is often dispersed by the wind and carried into stormwater collection systems, where it can clog drains causing flooding, harm wildlife and degrade the quality of the state's surface waters.

The Clean Communities grant program funds a variety of activities including volunteer cleanups of public spaces; cleanups of stormwater systems that can disperse trash into waterways; educational outreach campaigns; enforcement of local anti-littering ordinances; graffiti removal; and purchases of trash receptacles, recycling bins and anti-litter signs.

Learn more at njclean.org.


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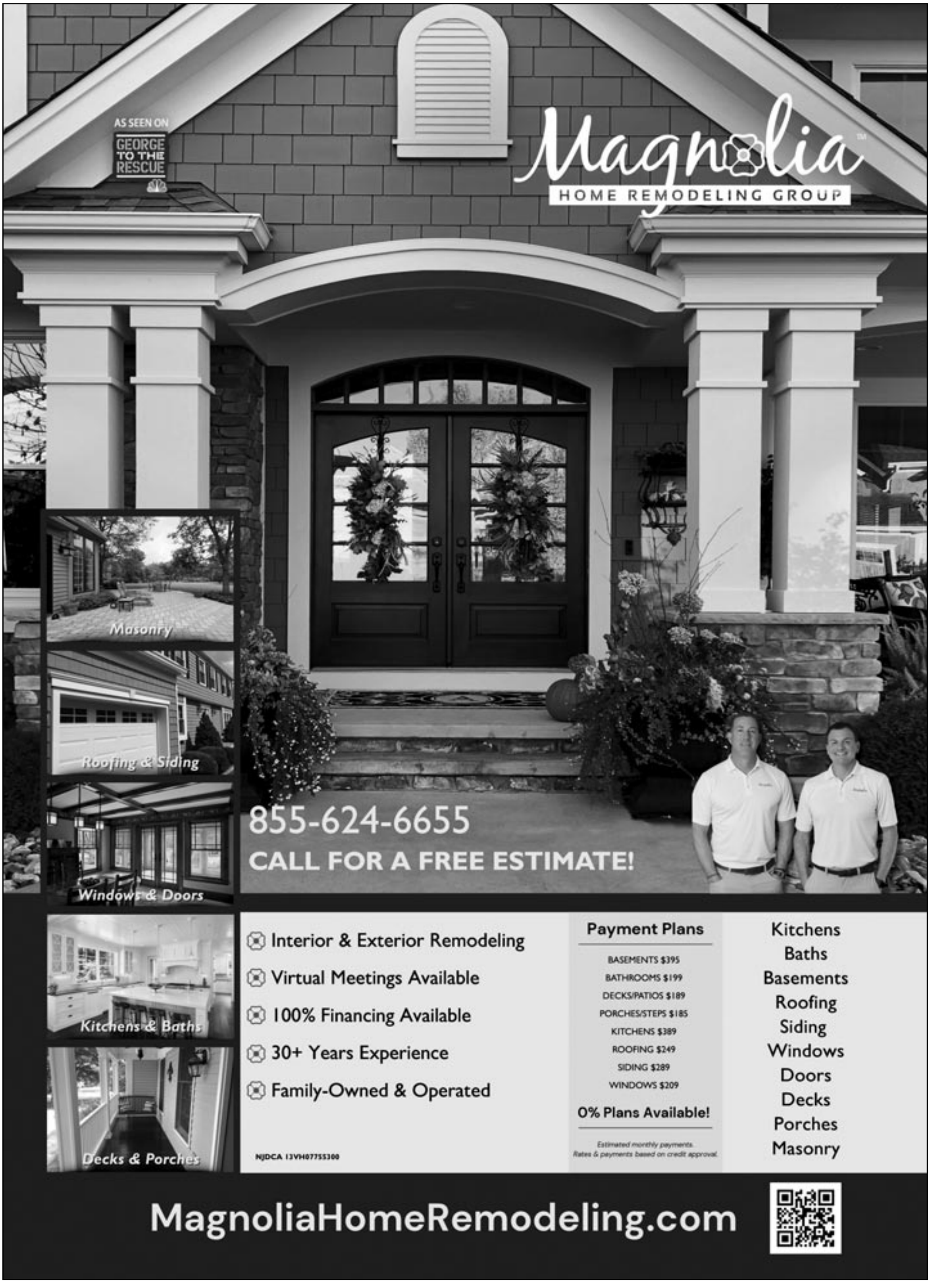
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# DON'T GET CARRIED AWAY STAY SAFE WHEN WATER RISES

*Author: Susan Baldani, a life member of the Scotch Plains Volunteer Rescue Squad.*

Flooded roadways seem to be more common lately. Some people blame global warming while others point to overdevelopment, but whatever the cause, the guidelines for safety are the same.

According to the Centers for Disease Control and Prevention, over half of all flood-related drownings occur when a vehicle is driven into hazardous flood water. This often occurs because people misjudge the depth of the water, or because they have a pickup truck or an SUV they think can barrel through it.

Oftentimes, we see these vehicles stuck and drivers needing rescue. This is dangerous not only for the vehicle's occupants, but also for the first responders who must get them to safer ground.

Another cause of flood-related deaths is walking into flood waters. Water that may look calm on the surface can have a fast-moving undertow, not to mention the debris and other materials that can be hidden underneath. Of course, the most dangerous situation is when a live wire falls into water.

So, when encountering a flooded roadway or walking path, people should find an alternate route, even if it takes much longer to reach their destination. Or, they should drive or walk to higher ground and find a safe place to wait until the water recedes and it's safe to travel once again.

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# 7TH ANNUAL MARCH TO YORKTOWN DAY RETURNS TO WESTFIELD ON AUG 16

The Washington-Rochambeau Trail Alliance of New Jersey invites the public to experience the sights, sounds, and stories of the American Revolution at the 7th Annual March to Yorktown Day on Sunday, August 16, 2026, from 12:00 p.m. to 4:00 p.m. at Washington-Rochambeau Trail Park, 201 Mountain Avenue, Westfield, New Jersey.

This America250 family-focused community event commemorates the historic 1781 march of the American and French armies through New Jersey on their way to Yorktown, Virginia. The allied victory at Yorktown proved decisive in securing American independence.

The event will begin with a 12:00pm Opening Ceremony featuring the formal dedication of Washington-Rochambeau Trail Park, along with remarks by local dignitaries and invited guests. Located along the congressionally designated Washington-Rochambeau Revolutionary Route National Historic Trail, the park commemorates Westfield's place in the historic march to Yorktown and provides a permanent place for residents and visitors to learn about the community's Revolutionary War heritage.

Visitors can step back in time at a Revolutionary War militia encampment, where reenactors will demonstrate military camp life and historic cooking techniques. Musket firing demonstrations will bring the sounds of the Revolution to life, while historical organizations will host informational tables highlighting New Jersey's rich Revolutionary War history.

A special program at 2:00pm, will feature nationally renowned historian Robert A. Selig, Ph.D., a leading scholar of the Washington-Rochambeau Revolutionary Route and the American and French armies' march to Yorktown. Dr. Selig will share the history and significance of the 1781 campaign and New Jersey's important role in the journey that helped secure American independence.

Children and families can enjoy activities designed to introduce young people to Revolutionary War history in an engaging and memorable way courtesy of many local history organizations. Food trucks will also be on site throughout the afternoon.

One of the highlights of the day will be the symbolic March to Yorktown, commemorating the journey undertaken by thousands of American and French soldiers in 1781. Participants will march to Westfield's historic Revolutionary War burial grounds, where a wreath-laying ceremony and musket salute will honor Revolutionary War patriots and those who sacrificed for American independence.

The 7th Annual March to Yorktown Day brings together reenactors, historians, historical organizations, community partners, families, and visitors for an afternoon of living history, education, and remembrance during the nation's 250th anniversary year.

The event is organized by the Washington-Rochambeau Trail Alliance of New Jersey, a nonprofit organization dedicated to preserving, promoting, and interpreting New Jersey's role in the Washington-Rochambeau Revolutionary Route and the historic march that helped secure American independence.

In the event of severe weather, the program will be moved indoors to the Town of Westfield Community Room, 425 East Broad Street, Westfield. Weather-related updates will be announced prior to the event on the WRTA-NJ Facebook page and Town of Westfield Nixel.

Sponsors include: PNC Bank, Westfield Inn, Chez Catherine, Apricot, Westfield Tobacco and the West Fields Chapter Sons of the American Revolution.

For more information, contact Julie Diddell, Executive Director of the Washington-Rochambeau Trail Alliance of New Jersey, at 908-917-4706.

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# UNICO SCHOLARSHIP WINNERS

Scotch Plains-Fanwood UNICO recognized their annual Memorial Scholarship and Brian Piccolo Scholarship winners at the May monthly chapter meeting. Congratulations go to Memorial Scholarship recipients Nikos Zoganas, Jake Martucci, Timothy DiMatteo, Lucas Cacciatore, and Evan Nizzardo, each of whom was awarded a $2,500 scholarship. Additionally, Brian Piccolo Scholarship recipients Emily Roof and Bradley Pearce were each awarded $500 scholarships.

**ABOUT SCOTCH PLAINS-FANWOOD UNICO**

The Scotch Plains-Fanwood Chapter of UNICO was chartered in 1973. Our chapter has raised and donated thousands of dollars annually to support scholarship programs, organizations, and individuals in the New Jersey area. Since 1974, we have co-sponsored the St. Barts/UNICO Italian Festival, which attracts thousands of visitors over Labor Day weekend. Our local chapter also has been recognized as "Volunteer of the Year" and has earned its place in our community for service to others and charitable contributions since its inception. For more information on Scotch-Plains Fanwood UNICO, visit unicospf.org or email spfunico@gmail.com.

# BACKPACKS AND SCHOOL SUPPLIES COLLECTION

*Faith Lutheran Church*

For the eighteenth consecutive year, Faith Lutheran Church in New Providence is collecting new backpacks and school supplies to be shared with area partners to support kids and families.

Thousands of children have received backpacks from Faith over the years thanks to the generous response from members of the congregation and community. Backpacks have been shared through schools, non-profit organizations, and churches in Plainfield, Jersey City, Newark, and Elizabeth.

By providing them with the basics, we can help set kids up for academic success.

**THERE ARE SEVERAL WAYS TO HELP.**

- You can purchase a new backpack of your choice and fill it with the following new school supplies: one pack of pens; one pack of pencils; one notebook; one box of 24 crayons; one package of construction paper; one pair of safety scissors; one glue stick; one ruler; one small pencil sharpener; one toothbrush; one tube of toothpaste.
- You can drop off a new backpack or any of the above individual supplies and we will fill a backpack. Items can be dropped off at Faith Lutheran in the marked bin found underneath the sheltered alcove by the doors at the bottom of the parking lot.
- You can mail a financial gift made payable to Faith Lutheran Church with "backpacks" in the memo line of your check and we will shop for you.

The deadline for this year is Sunday, August 23rd, to ensure that the collection will be distributed before school begins in September.

The Rev. Jane McCready serves as the pastor of Faith Lutheran Church, located at 524 South Street, New Providence, NJ, 07974. Faith worships on Sundays at 8:00 a.m. and 10:00 a.m. with livestreaming available on our website, Facebook, and YouTube. We practice an open Communion table, and all are welcome. For more information visit online at famfaith.org or call 908-464-5177.

*(above) Faith Lutheran Church in New Providence is collecting new backpacks and school supplies to be shared with area partners to support kids and families.*

Courtesy Photo

# KNITTING COMFORT FOR MARINERS: A LOCAL EFFORT WITH GLOBAL REACH

### *Christmas at Sea*

Joanne Bartosik is a 34-year resident of Scotch Plains, and, for the past eight years, has managed North America's longest-running charity knitting program—Christmas at Sea (CAS)—under the auspices of the Seamen's Church Institute, founded in 1834.

The origins of CAS trace back to the Women's Council of the Seamen's Benefit Society. Founded in 1898, the Council supplied seafarers with comfort bags while they were at sea during the Spanish-American War.

Over the course of the 20th century, the program's mission—and its geographic reach—expanded. CAS began receiving donations from across the country, and gift bags were distributed annually around Christmastime, a tradition that continues today.

Today, the program engages more than 1,000 volunteers from across the United States and beyond, who create gifts opened by merchant mariners during the December holidays. These gifts express our deep appreciation for all they do to sustain our modern way of life. More than 90% of the goods we use every day arrive by sea, and we owe these professional men and women a great deal of gratitude for embracing such a demanding and often hazardous lifestyle.

CAS volunteers work year-round from home, or in knitting and crocheting groups based in churches, synagogues, libraries, schools, civic organizations, senior centers, clubs, and fiber shops. These dedicated individuals knit, crochet, and sew "ditty bags," which serve as gift bags, using specially designed patterns that complement the safety gear worn aboard ships. Patterns are available for free download on our website.

*(above) Joanne Bartosik, manager of North America's longest-running charity knitting program—Christmas at Sea (CAS)—under the auspices of the Seamen's Church Institute, founded in 1834.*

Courtesy Photo

There are many ways to get involved, and CAS is not just for crafters. In the fall, we welcome groups who can dedicate a morning or afternoon to assembling gift bags and personalizing holiday cards. Seafarers often have limited access to personal care items, so donations of travel-size toiletries are always appreciated, along with nonperishable treats such as granola bars, gum, hot chocolate packets, and microwaveable popcorn. We also gladly accept leftover Halloween candy.

For more information, I invite you to v
isit our website: seamenschurch.org

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# VOLUNTEERS SWORN IN TO ADVOCATE FOR CHILDREN IN FOSTER CARE

***CASA of Passaic and Union Counties***

Seven local community members recently took an oath to stand beside children in foster care as advocates during some of the most uncertain moments of their lives. Union County Superior Court Judge Rosalba Comas presided over the swearing-in ceremony for the newest Court Appointed Special Advocates (CASA) with CASA of Passaic and Union Counties. Each volunteer will be assigned to advocate for a child or sibling set in foster care.

Among the newest child advocates are Crystal Coleman of South Plainfield, Maria de Gannes of Linden, Rachel Hajjar of Cranford, Julie Harnisher of Westfield, Elizabeth Maher of Summit, and Barbara Monaghan of Westfield.

For children navigating foster care, CASA volunteers are often the one consistent adult focused solely on their best interests both inside and outside the courtroom. Now equipped to advocate for infants, children, and teens who have experienced abuse or neglect, the volunteers join a network of dedicated advocates serving children across Passaic and Union counties. CASA volunteers provide consistent support, gather information from the adults in the youth's life, and make informed recommendations to help ensure their needs and well-being remain at the forefront daily and in court decisions.

Said Erica Fischer-Kaslander, Executive Director of Child Focus, the nonprofit organization that oversees the CASA program, "Every child deserves at least one adult who shows up consistently, listens carefully, and refuses to let them fall through the cracks. These seven volunteers have made an extraordinary commitment to children who urgently need stability, encouragement, and someone wholly dedicated to their future. Their advocacy can, and will, change life trajectories."

No prior knowledge of child welfare is required to become a CASA volunteer; comprehensive training equips volunteers with the skills necessary to advocate effectively. Volunteer advocates – all of whom bring their own unique life experiences – visit their assigned child regularly and communicate with caregivers, educators, caseworkers, and others before making informed recommendations to the court.

More volunteer advocates are still urgently needed across Passaic and Union counties to help ensure every child in foster care has a dedicated voice in court and the community.

CASA of Passaic and Union Counties is a program of Child Focus, which prioritizes the needs and well-being of infants, children, and teens impacted by, or at risk of, abuse or neglect.

For details about becoming a CASA volunteer,
call 973-832-4002,
e-mail info@casapassaicunion.org,
or visit CASA of Passaic and Union Counties' website at www.casapassaicunion.org.

*(above) Judge Rosalba Comas with Newly Sworn CASAs* Courtesy Photo

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Non-Residents: Registration opens May 28th at 10:00 AM

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https://register.capturepoint.com/scotchplains

For more information or for assistance registering please call the Recreation Department: 908-322-6700 x 223

Scotch Plains Parks & Recreation

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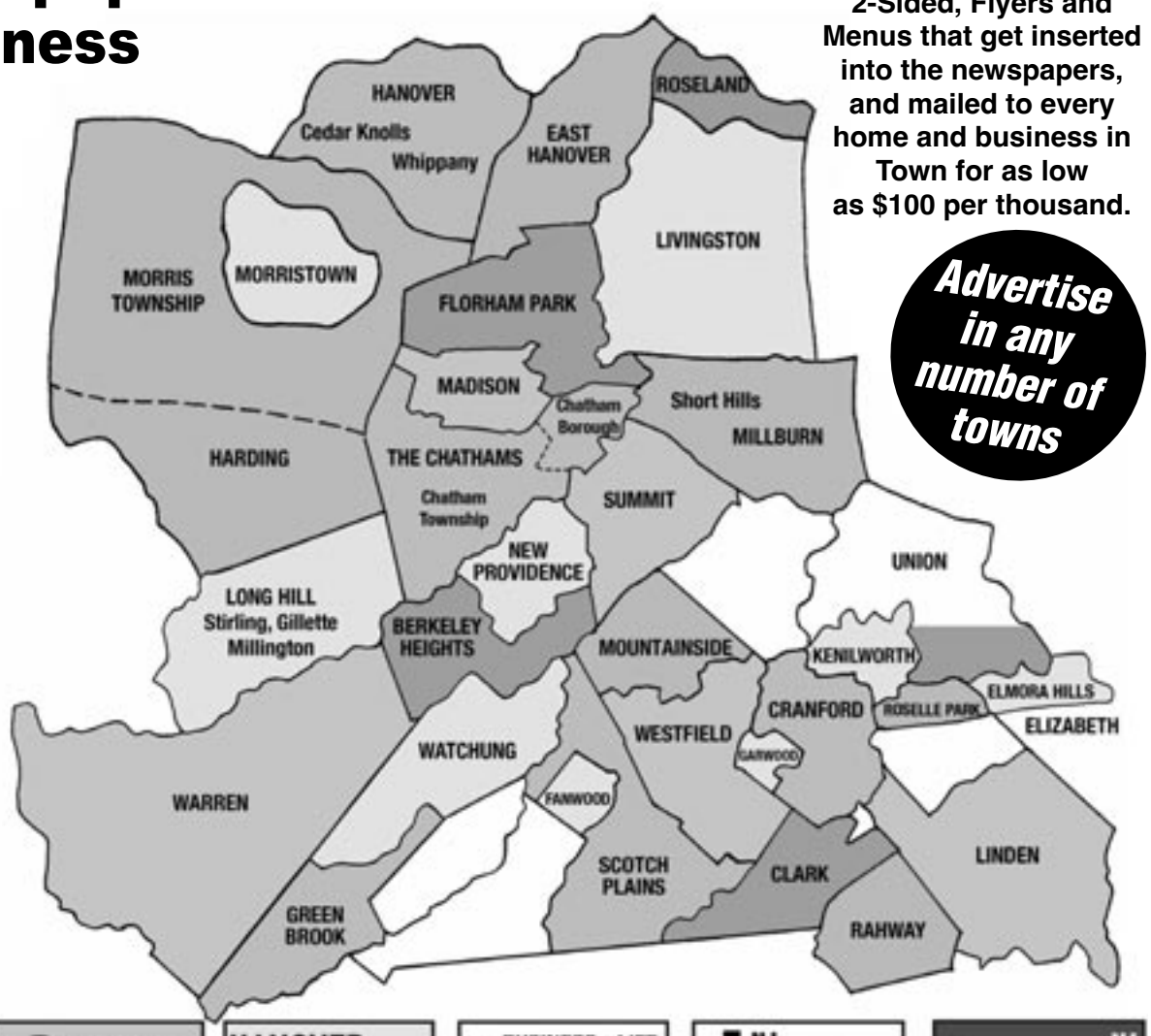


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Section of Elizabeth, NJ

**Fanwood Post NJ**
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**Florham Park Press NJ**
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**Green Brook NJ Gazette**
Qty: 3,300
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**Hanover Township NJ Press**
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Zips: 07927, 07981

**Kenilworth Business • Life NJ**
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**NJ Life in Linden**
Qty: 18,000
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**Livingston NJ Monthly**
Qty: 12,100
Zip: 07039

**Long Hill Leader NJ**
Qty: 3,500
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**Madison Monthly NJ**
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Zip: 07940

**Short Hills Millburn Monthly NJ**
Qty: 8,200
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**Morris Township Times NJ**
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**Morristown Monthly NJ**
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**Mountainside NJ View**
Qty: 3,000
Zip: 07092

**New Providence NJ News**
Qty: 5,100
Zip: 07974

**Our Town Rahway, NJ**
Qty: 13,100
Zip: 07065

**Life in Roseland NJ**
Qty: 3,000
Zip: 07068

**Roselle Park Monthly**
Qty: 5,600
Zip: 07204

**Scotch Plains NJ What's Happening Monthly**
Qty: 9,600
Zip: 07076

**Summit NJ Times**
Qty: 9,600
Zip: 07901

**Spirit of Union NJ**
Qty: 7,800
Zip: 07083 (partial)

**Warren Monthly NJ**
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| BACK PAGE | 10"x14" | 600 | | | | | | | | | | |
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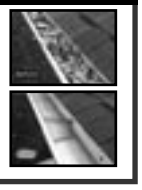

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