Short Hills MILLBURN MONTHLY NJ

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POSTAL PATRON

HONORING 100 YEARS OF SERVICE AND NEW EAGLE SCOUTS

Boy Scout Troop 115 of Short Hills is proud to announce that five of its members have earned Scouting's highest honor, the rank of Eagle Scout. The newly minted Eagles — Aaditya Reddy, Jonathan Murphy, Luke Jia, Shaayan Tiwari, and William Dieterich — completed service projects that have left a lasting mark on communities across New Jersey, from pollinator habitats and invasive species removal to boardwalks, playground restoration, and church grounds improvement.

Earning the rank of Eagle Scout is no small feat. Fewer than six percent of Scouts ever reach it, and doing so requires years of dedication, the earning of at least 21 merit badges, demonstrated leadership within the troop, and the planning and execution of a significant community service project. Below, each of the five Scouts shares the project that helped them achieve this milestone.

The five new Eagle Scouts were formally recognized at a Court of Honor held on Tuesday, June 9, at the Parrish Hall of Christ Church in Short Hills. The evening also served as the centennial celebration of Troop 115 - marking 100 years of Scouting in Short Hills.

AADITYA REDDY

Bee Hotels for Native Pollinators

Aaditya Reddy, a junior at Morristown Beard School, designed, built, and installed three Bee Hotels at sites across New Jersey. Bee Hotels are specially designed nesting habitats that provide safe residences for native solitary bees, offering spaces where they can lay eggs, shelter developing larvae, and store pollen and nectar for their offspring. Native bees play a critical role in pollination and ecosystem health, yet many species face habitat loss due to urbanization and environmental change.

JONATHAN MURPHY

Restoring the Christ Church Nursery School Terraces

Jonathan Murphy, a sophomore at Millburn High School, led the restoration of the neglected terraces within the playground behind the Christ Church Nursery School. The work took 90 hours and four days to complete, and included clearing debris, removing large rocks, adding new soil, installing a new irrigation system, and planting over one hundred native plants.

LUKE JIA

Bamboo Cleanup at Living Stone Church

Luke Jia, a junior at Millburn High School, led the LSCC Bamboo Cleanup at Living Stone Christian Church in Livingston, New Jersey. The project cleared an approximately 100-square-foot area of invasive bamboo from the church's property — raking away a heavy layer of leaves and debris to access the bamboo stems, then digging up and removing the root systems. Once the bamboo was cleared, Luke and his team applied a weed barrier and covered the area with two to three inches of mulch to prevent regrowth.

SHAAYAN TIWARI

Benches for St. Hubert's Animal Center

Shaayan Tiwari, a junior at Millburn High School, planned and led the construction and installation of three wooden benches at St. Hubert's Animal Welfare Center. He took on the project after noticing that potential adopters and visitors often had no comfortable place to sit while interacting with animals in the outdoor play pens — areas meant to help families spend relaxed time with the animals before adoption.

WILLIAM DIETERICH

A 25-Foot Boardwalk for St. Hubert's

William Dieterich, a senior at Millburn High School, designed and built a 25-foot wooden boardwalk at St. Hubert's Animal Welfare Center in Madison, New Jersey. The boardwalk elevates a dog-walking trail that frequently floods, providing a dry, safe path for shelter staff and volunteers exercising rescue animals in any weather.

Courtesy Photos

(above, left to right)) Luke Jia and his team clearing invasive bamboo at Living Stone Christian Church; Restored terraces at Christ Church Nursery School; Bee Hotels installed by Aaditya Reddy; Shaayan Tiwari with his benches.

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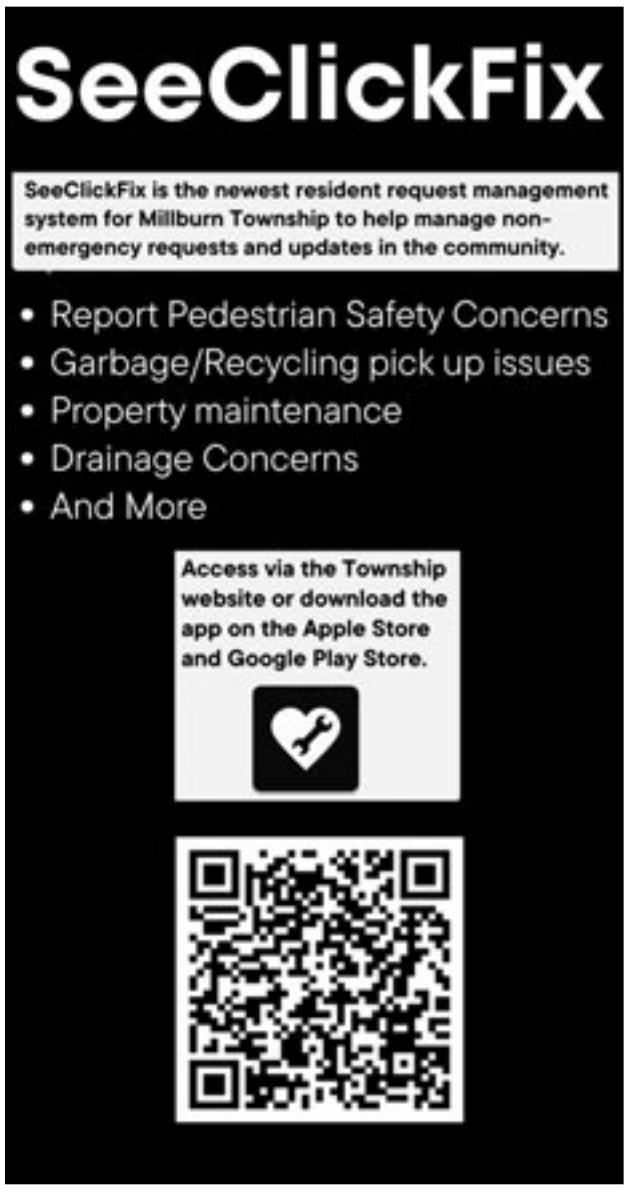

Township of Millburn

Millburn Township has implemented a new resident request management system known as SeeClickFix. Through this platform, residents can report non-emergency concerns that will be directly routed to township departments.

This new and improved system replaces SDL for resident requests with a more intuitive process that can be accessed through the website or easily through a smart device application.

To report an issue, residents can select the Report a Concern icon on the homepage of the township website twp.millburn.nj.us or download the SeeClickFix app from the Apple Store or Google Play Store.

The process is intuitive and user-friendly; simply select a category, identify the location, and provided any additional requested details, photos and descriptions. Once submitted, the appropriate township department will be notified by the system and progress of the request will be communicated back to the requestor.

"We are continuously making strides to expand our digital engagement to better serve our residents," said Alexander McDonald, Business Administrator. "The addition of SeeClickFix helps engage residents, providing a more efficient way to address concerns in a timely manner."

Important note, all concerns reported through SeeClickFix are evaluated during regular business hours. The platform is not monitored 24/7.

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A HIDDEN GEM IN THE HEART OF ROSELAND

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Garden Communities.com

SAVE THE DATE - INAUGURAL 5K IN SUPPORT OF VOLUNTEER EMS - OCT 18

Millburn Short Hills
Volunteer First Aid Squad

On Sunday, October 18, our community has the opportunity to lace up their running shoes for more than just a morning of exercise. The inaugural Millburn-Short Hills First Aid Squad 5K will bring together residents, businesses, families, and community organizations in support of something that touches every one of us—the all-volunteer Millburn-Short Hills Volunteer First Aid Squad.

The race begins at 9:00 a.m. and features both timed and untimed 5K options, making it perfect for competitive runners, casual walkers, and families alike. We hope to see the entire community come together for what promises to become a wonderful event.

For more information about the race, and to sign up, visit:

runsignup.com/Race/NJ/Millburn/MillburnSHFirstAid5KRace

Every day, volunteers from the squad respond to medical emergencies across Millburn and Short Hills. Whether it's helping a child having an allergic reaction, caring for an injured athlete, responding to a cardiac arrest, or assisting an elderly neighbor who has fallen, our EMTs are there 24 hours a day, 365 days a year—providing care free of charge.

While our volunteers donate their time, operating an emergency medical service is far from free. Ambulances, lifesaving medical equipment, medications, training, and vehicle maintenance all depend heavily on community support.

The First Aid 5K is more than a race. It is an opportunity for the community to invest in a service that any one of us could need tomorrow.

We also hope this event becomes a celebration of the incredible community spirit that makes Millburn and Short Hills such a special place to live. We encourage local schools, scout troops, sports teams, civic groups, faith organizations, and neighborhood associations to participate together. Form a team, wear matching shirts, and join us for a morning that celebrates health, volunteerism, and community.

CALLING ON LOCAL BUSINESSES

Our local businesses have always played a vital role in strengthening our community, and we invite them to become partners in this inaugural event. If you think your business would like to get involved, please reach out to President of the squad, H. Steven Roth, at sroth@mshvfas.org.

Sponsoring the race offers more than logo placement. It demonstrates a commitment to public safety while providing meaningful visibility among hundreds of local residents, families, runners, and volunteers. Sponsorship opportunities are available at multiple levels, making it possible for organizations of every size to participate.

Whether you're a small neighborhood business or a larger employer, your support helps ensure that our volunteer EMTs have the training and equipment they need when emergencies happen.

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A HISTORIC HOMECOMING AT MILLBURN'S HESSIAN HOUSE

Millburn-Short Hills Historical Society

Sunday, July 12, 2026, was a historic day in Millburn as visitors were treated to a special presentation by Millburn-Short Hills Historical Society Interns Aditi Banerjee and Ananya Mandrekar inside the legendary "Hessian House" at 155 Millburn Avenue. The building, which remained in the original pre-Revolutionary War family for over a century and was lovingly preserved by inhabitants Harvey and Isobel Kahn during the 20th century, now houses the offices for Partnership for a Drug-Free New Jersey and is rarely open to the public.

(above) Ananya Mandrekar, Ed Marks, Aditi Banerjee inside the Hessian House

Courtesy photo

For many, the Hessian House, has long been a source of mystery and curiosity. Constructed in c. 1730 for the Smith family, this colonial period home is best known for its role as the site where Hessian soldiers deserting from the British Army hid during the Battle of Springfield on June 23, 1780. The endearing nature of this legend, served as a jumping off point for Aditi and Ananya to investigate last summer as part of their research into Millburn's Revolutionary War legacy.

The project turned into something much more meaningful. MSHHS Vice President Ed Marks, who supervised Aditi and Ananya's project, remarked: "When Ananya and Aditi started working on their Historical Society projects last summer, it seemed unlikely they would ever be able to enter the Hessian House. We never imagined that one day they would be talking about its history before rapt audiences inside the house itself."

The event came together through the cooperation of the Partnership for a Drug-Free New Jersey, who graciously invited Aditi and Ananya to tour the house while undertaking their research and agreed to hold an open house as part of the Semiquincentennial celebrations. Executive Director Angelo Valente explained. "The Partnership for a Drug-Free New Jersey considers it an honor and privilege for its statewide headquarters to be located in the Hessian House. We understand our responsibility to be the caretaker of this historically significant landmark, especially as the United States of America celebrates its 250th anniversary."

The impact on the interns was enormous. "It was truly amazing to be inside the house that I had researched for so long, explained Ananya." It felt like everything I had learned about the house came together."

Equally important was the opportunity to meet Isobel Kahn, and her daughters Leslie Kahn Rotem and Stephanie Kahn who returned to their childhood home for the first time in two decades. As Aditi noted, "Meeting Isobel Kahn was so special because I was able to hear stories about the house that I could never have found in property records or old newspapers. Seeing her and her daughters reconnect with the house through my research made the experience feel like living history."

It was a piece of living history that was appreciated by the more than two dozen visitors who attended the program. As Marks observed, "With Isobel Kahn and her daughters, the last family to live in the house, there and graciously answering questions, the event was the perfect culmination of the interns' determined efforts to uncover the full history of the house and its legend. Amid all the celebrations of the 250th anniversary of independence, it was great to see a piece of Millburn's history from the 18th century onward being kept alive by two young Township residents in the 21st century."

FIRST AID SQUAD

Millburn Public Schools

The Millburn-Short Hills Volunteer First Aid Squad is continuously seeking volunteers. If you are at least 21 years of age and would like to serve our community, please consider joining this team of local heroes.

Learn more about volunteering and training here: mshvfas.org/volunteer-today

DOWN THE BLOCK

Down the Block is a non-profit corporation created and run by a group of Millburn / Short Hills residents who were concerned that people right here in our town are struggling financially.

Our mission is to provide short-term assistance to those of our Township neighbors facing unexpected financial setbacks.

Visit downtheblock.org for more information.

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LIBRARY PROGRAMS

Visit millburnlibrary.org /library-of-things/ to learn more.

Unearth A Story is the theme for summer at the Millburn Free Public Library. The Library is pleased to present its August lineup. Programs are free and open to all residents. Register at millburnlibrary.org/events.

PROGRAMS FOR ALL AGES:

Summer Reading Challenge!

Through August 7

Read and win! Summer reading is not just for kids. Open to book lovers of all ages: kids, teens, and adults. Prizes sponsored by The Friends of the Millburn Library.

PROGRAMS FOR ADULTS:

After Hours Event: Bingo Night

Friday, August 7, 6-8pm

Auditorium. Join us after the doors close for a high-energy evening of bingo, prizes, and good vibes. Snacks provided! Ages 18+. Registration required.

Purposeful Parenting Meetup: Upcycle Your Child's Art

Monday, August 17, 7-8pm

Room B. Learn creative ways to repurpose your child's artwork with local artisan Joanne Gould. Registration required.

Tech How To: Google Photos

Tuesday, August 18, 7-8pm

Auditorium. Learn how to automatically back-up your phone photos, how to access them in the cloud, and share vacation photo albums with family and friends. Registration required.

CHILDREN / FAMILIES PROGRAMS

A Roarin' Bubbly Adventure with Miss Jolie

Saturday, August 1, 11-11:45am

Auditorium, Ages up to 5. Let's ROAR on a Bubbly Adventure! This program for young kids includes a bubble show and bubble popping fun. Sponsored by the Friends of the Millburn Library. Registration required.

Sensory Storytime

Saturday, August 15, 10-10:30am

Children's Room, Ages 4-8. Interactive stories, songs, and activities that support children with sensory processing needs in a encouraging environment. Registration required.

TEENS / TWEENS PROGRAMS

Kumihimo Teen Craft

Friday, August 7, 3:30-4:30pm

Room B, Ages 12+. Make your own bracelet or keychain using the traditional Japanese cord braiding technique as featured in My Happy Marriage. Registration required.

Movie Lock-In: Five Nights At Freddy's 2

Friday, August 14, 6-8pm

Teen Space, Ages 12+. Come and watch a scary movie on our big screen! Plus free pizza and popcorn. Registration required.

RESOURCE OF THE MONTH

Borrow a Vintage Record Player

Borrow a Vintage Record Player from our Library of Things! Spin your records at home or borrow some of our Vinyl Record Sets.

ELKS WELCOME VETERANS TO THEIR NEW HOMES

(above) Members of the Elks - turning empty rooms into a home.

Courtesy Photo

Benevolent and Protective Order of Elks

Formerly homeless veterans who are transitioning from temporary housing... A veteran who was in a nursing home for six years... A disabled veteran escaping domestic violence... In addition to honorably serving our country, they all have something else in common. Each is moving into a new apartment with little more than a few personal belongings.

This is when the Benevolent and Protective Order of Elks steps up to help - turning empty rooms into a home.

Recently, members of the NJ State Elks East Central District, with lodges in Stirling, Summit, Springfield, Mountainside, Union, Cranford, and Rahway, have delivered four Veteran Welcome Home Kits, transforming bare apartments into comfortable living spaces. Each kit includes a full-sized bed, couch, end tables, coffee table, dining table and chairs, dresser, nightstands, microwave oven, toaster, coffee maker, lamps, towels, cleaning supplies, kitchenware, and more. Within two hours, the furniture is assembled, the kitchen cabinets are filled, and the apartment is fully set up and ready for its new resident to move in.

Each Veteran Welcome Home Kit costs approximately $1,800 and is purchased through fundraising events, donations, and grants from the Elks National Foundation. They are given to the veteran free of charge.

Nationwide, an estimated 40,000 veterans experience homelessness on any given night. In partnership with the U.S. Department of Veterans Affairs, the Elks National Veterans Service Commission has pledged to help end veteran homelessness by ensuring veterans have access to safe, stable housing.

Here in New Jersey, dozens of Veteran Welcome Home Kits have been delivered since the beginning of the year. And year round, Elks volunteers provide direct services to more than 1,000 veterans at VA facilities across the state and continue to connect with veterans and active military members in their local communities, offering assistance wherever it is needed.

Visit elks.org to learn more about the Elks, their charitable causes, and how to become a member.

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GLP-1 FAILED THIS NEW PROVIDENCE MOM…BUT THEN SHE DROPPED 80 POUNDS AND RAN HER FIRST 5K.

There's something nobody tells you when you start GLP-1.

The medication can help you eat less. It can move the scale. For a lot of people, it's a genuine tool that opens a door that felt permanently closed.

But it can also quietly take something you can't afford to lose. Research shows that for many people, 25 to 40 percent of the weight lost on a GLP-1 isn't fat at all — it's muscle. The very tissue that keeps you strong, steady on your feet, and independent as you age.

So here's what Cristina Montero learned the hard way:

The medication is not the transformation. It's just the beginning of one — if you do the other parts right.

Cristina is 52, a mom from New Providence, and she's down nearly 80 pounds. Her inflammation markers (the culprit for almost every disease) are finally normal. She runs, carries five-gallon water jugs up the stairs and crossed the finish line of her first 5K without walking a single step.

But she'll be the first to tell you: the shot alone didn't do that.

This is her story… and if you're over 40 and currently taking GLP-1, or thinking about it, it may be the most important thing you read this year.

GLP-1 WASN'T ENOUGH ON ITS OWN

Before she started this journey, Cristina was ashamed… and she hid under her clothes.

"I knew how I felt and looked was my fault but I needed help," she said. "I always had an excuse for why I couldn't walk, exercise, or take the stairs. I felt tired and achy often. My doctors would tell me to lose weight and I'd say sure, I'm trying — but never really started. I functioned, yes. But I never realized how much my body missed feeling really great."

The frustrations ran deep. Looking in the mirror and hating how her clothes fit. Her chest size felt unmanageable, leading to upper back pain every single day. After gaining close to 100 pounds during her son's pregnancy, her health had taken a serious turn — arthritis in her knees, autoimmune issues, hypertension, and chronic inflammation that no medication seemed to touch.

"My energy — well, if I was in the middle of the mall and they only had stairs, I'd look for an elevator or just sit and wait," she said. "I was so out of shape for the last 25 years. Always tired, almost every morning waking up with a new pain.

There were moments that were quietly humiliating — the ones she didn't talk about much. If something fell on the floor, she had to ask her kids or husband to pick it up because kneeling caused excruciating knee pain. There were times her back spasms were so severe she got stuck on the floor.

She tried everything. The 3-day tuna diet. Nutrisystem. A staple in her ear. Atkins. Weight Watchers. Paleo. Gluten-free. 21 Day Fix. Factor. Orangetheory. Private trainers. Get In Shape Women. Zumba. Some of them worked temporarily. None of them lasted.

"I was successful in some of them but it never lasted," she said. "I'd start to lose a little weight, then go back to normal habits — and always gain it back and more.

Then came GLP-1.

The first time she tried it, she thought the injection alone would do the work. No meaningful diet changes. No exercise. Just the medication.

"That failed miserably," she said plainly. "Injecting and continuing to eat normal junk didn't move the scale like I expected. It only made me feel sick."

She stopped GLP-1. A few months later she tried again… this time with a completely different mindset. This time, she was mentally ready to include something she'd always avoided: A fitness program with people that knew what they heck they were doing.

THE CONVERSATION THAT CHANGED THE PLAN

Cristina's son, Andres, had been talking to her for years about what lasting change actually requires. When Cristina restarted her GLP-1 journey he helped her understand something that most people on the medication never hear: the drug can reduce your appetite and help with weight loss, but without weight training, a significant portion of what you lose won't be fat — it'll be muscle. As much as 25 to 40 percent of it, according to the research.

And muscle isn't just about looking toned. It's the tissue that protects your bones, keeps you strong, and decides whether the next twenty years of your life are spent independent or needing help. Lose muscle and everything gets harder. Your metabolism slows. You feel weak.

"My son opened my eyes to incorporate weight training and cardio," she said. "That was the piece I'd always been missing."

NOT THIS **THIS**

That's when she walked into Gabriele Fitness, a small personal training gym in Berkeley Heights that had a 19 year stellar reputation for helping adults over 40 get in the best shape of their lives. As trainers that always stay on the cutting edge… they knew exactly how to help someone taking GLP-1 maximize their results.

WALKING INTO GABRIELE FITNESS FOR THE FIRST TIME

She arrived embarrassed, scared but quietly hopeful.

Like many adults over 40 she was afraid of making her knee pain even worse and was convinced she wouldn't be able to do most of the exercises. And after years of fitness programs that hadn't worked, she was bracing herself to be disappointed again.

What she found was something different than anything she'd experienced before.

She started two days a week. The coaches didn't hand her a generic program and wish her luck. When her knee barked, they modified it. When her back felt it, they adjusted in real time — often before she said a word…because they were watching her face, her movement, the subtle signals her body was sending. And every session was building the one thing the medication couldn't give her back: strength.

"They know when to push and how much," she said. "They recognize when it's an off day and work with me to keep me moving. No more excuses."

For the first time in 25 years of trying, she didn't feel lost in a gym and instead was filled with hope.

WHAT HAPPENS WHEN GLP 1 AND PERSONAL TRAINING WORK TOGETHER

Once the training clicked alongside everything else, the results that had been stalled for months began to move — and they didn't stop.

Nearly 80 pounds gone. Inflammation markers, elevated for over a decade despite multiple medications, are finally normal. Her doctors, who had been telling her for years to lose weight, are looking at her bloodwork with something close to disbelief.

"Years of taking so many meds could have been avoided with a prescription to a gym with a great group of caring personal trainers"

But the numbers only tell part of the story.

"My clothes fit better and I actually don't hide under them anymore," she said. "I've lost inches throughout my entire body. Occasionally when I'm with my husband and kids, I love showing them how I notice a muscle — how my quads are actually forming. It truly is amazing. It's a change I never thought I'd see."

She's simply a happier person. After she posted a picture recently, a friend reached out to congratulate her for looking so happy and confident — and then told her she'd motivated her to start as well.

"I feel more confident in my clothes and in my own persona," Cristina said. When people see me in person, they tell me I look like a completely different person. A happy and confident woman."

She can kneel now without pain. The woman who used to ask her kids to pick things up off the floor because she couldn't bend down now carries five-gallon water jugs in each hand up the stairs. She hops into her husband's truck without struggling. She wears three-inch stiletto heels. She walks into any store she wants and does a celebration dance in the fitting room when things fit.

These aren't just cosmetic wins. They're the quiet markers of a body that's going to stay strong and independent for decades — getting off the floor on your own, carrying the load, catching yourself when you stumble. That's what muscle buys you, and it's the one thing no injection can.

And this past September, she stood at the starting line of a 5K, knowing she never had run that far in her life. She was nervous and worried she wouldn't make it.

She crushed it, and didn't stop once. Not even on the hill.

"Crossing that finish line without stopping was one of the proudest moments of my life," she said

A PERSONAL MESSAGE FROM CRISTINA TO ANYONE ON GLP-1 — OR THINKING ABOUT IT

"GLP-1 is a tool. But it's not the secret fix the media is making it out to be. I learned that the hard way the first time around. The gym — real coaching, real structure, real accountability — is what made everything actually work.

I'm not getting any younger, and I want to live long enough to see my grandkids. Most importantly, I don't want to be a burden to anyone. That's what finally got me serious.

Get Started before you feel ready. You don't need to know what you're doing or get in shape on your own BEFORE you hire a trainer… that's what they're for. Just show up and the right gym will take it from there. For me, it's Gabriele Fitness and that one decision changed everything for me. You'll start to feel better than you have in years. Slow and steady works, if you stay consistent.

We all start nervous. Stop waiting for the perfect time and just get up and start."

For Those Who See Themselves… or are worried about someone that would resonate with Cristina's Story — Read This:

Gabriele Fitness has opened 13 spots for local residents to experience their personal training program FREE for 14 days. You'll get 14 days to experience what Cristina found when the missing piece finally clicked into place.

This offer expires soon and is limited to 13 people. To get the full details and see if any spots are still available, scan below or call 908-464-4441

Scan the code or go to refer.gabrielefitness.com/cristina or Call us at (908) 293-9666

P.S. Many people reading this article will be inspired by Cristina yet still feel hesitant to try the program. With anything new, there's always uncertainty — especially with something like a new fitness routine. But if you're not working out right now, or you've been inconsistent (like most people) you've read the exact article you needed to read today because…

Gabriele Fitness has helped thousands of people in this community over the past 19 years. For some, the program has had a life-changing effect, and many members have stayed for nearly two decades.

A large number of them are now in the best shape of their lives (…and 2 decades older) — but they all started in the same place as anyone reading this and considering starting their fitness journey. Because living longer only matters if you stay strong enough to enjoy it.

If you're still hesitant, the link below shares an ocean of success stories from people just like you… who've transformed their lives… and in some cases, the lives of everyone in their family. This is powerful stuff.

https://gabrielefitness.com/results/

To get the full details about the Free Personal Training Program and to see if any of the 13 spots are still available scan below…

Scan the code or go to refer.gabrielefitness.com/cristina or Call us at (908) 293-9666

SUMMIT SUMMER SIDEWALK SALE

Shoppers, get ready to stroll and save. Summit Downtown, Inc. (SDI) is thrilled to announce the return of the Summit Summer Sidewalk Sale, reviving a beloved community tradition for the first time in over a decade. The highly anticipated three-day shopping event will take place from Thursday, August 27 through Saturday, August 29, 2026, running from 10:00 a.m. to 7:00 p.m. each day.

To ensure smooth traffic flow and accessibility throughout the downtown district, no streets will be closed for the event. Shoppers are encouraged to explore the entire downtown to discover sales from a wide variety of participating boutiques, specialty shops, and local favorites. Standard parking rates and regulations will remain in effect in all municipal lots and garages during the three-day event.

While the full list of participating businesses will be finalized closer to the event dates, shoppers are encouraged to follow Summit Downtown on social media for live, on-site content, sneak peeks of exclusive merchandise, and real-time deal announcements throughout the weekend.

For more information about the Summit Summer Sidewalk Sale and a growing list of participating retailers, please visit SummitDowntown.org or follow @SummitDowntown on all social channels.

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September 26, 2026

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GARDEN STATE
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GRACE SQUARE FOOT GARDEN PROGRAM EXPANSION

Junior League of Summit

Reeves-Reed Arboretum has received a $3,970 grant from the Junior League of Summit to expand the Square Foot Garden initiative at GRACE, a Summit-based nonprofit serving individuals and families experiencing food insecurity.

The Square Foot Garden program is a collaborative effort between Reeves-Reed Arboretum and GRACE, combining food production, community volunteerism, and gardening education to support local families in need. The grant will help double the number of vegetables grown in the garden, increasing access to fresh, nutritious produce while expanding educational opportunities for participants.

"We are deeply grateful to the Junior League of Summit for supporting this important initiative," said Althea Llewellyn, Reeves-Reed Arboretum's Director of Education. "The Square Foot Garden program provides fresh produce to local families while teaching community members practical gardening skills they can use at home."

Funding from the grant will support the expansion of garden production and educational programming at the GRACE garden site. Project objectives include:

- Cleaning and preparing two additional square foot garden beds with the help of local Summit elementary school scouts, parents, and community volunteers.
- Planting and harvesting multiple crops throughout the growing season, including tomatoes, radishes, garlic, lettuce, cilantro, herbs, and other fast-growing vegetables.
- Conducting 16 educational workshops, each approximately 15 minutes in length, focused on teaching participants how to grow vegetables from seedlings at home.
- Providing free vegetable seedlings to workshop participants interested in starting their own gardens.

Based on projected garden yields and produce donations, Reeves-Reed Arboretum estimates that between 1,000 and 1,500 individuals will benefit from fresh vegetables and herbs harvested through the program. Beyond providing nutritious food, the initiative encourages self-sufficiency by teaching participants how to grow vegetables at home while fostering healthy eating habits and greater awareness of sustainable food systems.

The project also engages local volunteers, including youth and families, in meaningful community service while building stronger community connections and increasing awareness of local food insecurity.

Through partnerships such as this, Reeves-Reed Arboretum continues to connect people with nature while strengthening community food access, environmental stewardship, and hands-on learning opportunities for residents of all ages.

ABOUT REEVES-REED ARBORETUM

Reeves-Reed Arboretum is a nonprofit public arboretum and historic garden in Summit, New Jersey, dedicated to fostering connections between people and nature through environmental stewardship, education, horticulture, and community engagement. Listed on the National and New Jersey Registers of Historic Places, the Arboretum serves as a vibrant community resource, welcoming visitors year-round to explore its gardens, woodlands, educational programs, exhibitions, and events.

Visit reeves-reedarboretum.org for more information.

ABOUT GRACE

GRACE (Giving and Receiving Assistance for our Community's Essentials) is a Summit-based nonprofit organization dedicated to providing food, emergency assistance, and supportive services to individuals and families facing financial hardship. Through its food pantry and community programs, GRACE helps address food insecurity and other essential needs for local vulnerable and underserved neighbors.

Visit gracegivingreceiving.org for more information.

ABOUT JUNIOR LEAGUE OF SUMMIT

The Junior League of Summit is an organization of women whose mission is to advance women's leadership for meaningful community impact through volunteer action, collaboration, and training. Its purpose is exclusively educational and charitable.

For more information, visit summit.jl.org.

Courtesy Photo

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LOCAL STUDENT SCHOLARSHIP RECIPIENTS

Summit College Club Foundation

The Summit College Club Foundation marked the close of its 2025–2026 year by honoring six exceptional high school senior women from Summit and surrounding communities at its annual scholarship reception. Held on Sunday, June 7th, in Memorial Hall of St. Teresa of Avila Church in Summit, the Foundation awarded nearly $30,000 in scholarships. This year's awardees, chosen from a highly competitive, record-breaking pool of applicants who are graduating from one of eight local high schools in Berkeley Heights, Chatham, Millburn, Mountainside, New Providence, Springfield, and Summit will attend four-year colleges and universities in the fall to further pursue their academic and future career interests.

The Summit College Club Foundation scholarship recipients were chosen for their outstanding academic performance, exceptional leadership qualities, and significant contributions to their communities. This year's scholarship awardees were Lillian Arts from Governor Livingston High School, Julia Gumney from Summit High School, Abigail Han from Oak Knoll School of the Holy Child, Jungmin Allison Kim from Summit High School, Anna Rice from Chatham High School, and Bella Pires Silva from Jonathon Dayton High School.

In addition to their stellar academic records, these young women had amassed an extraordinary range of achievements both at school and in their communities. Among them were AP Scholars, a Wakeman Scholar, a Scholastic Writing Award winner, and several who had conducted research at the university level. They also included captains of varsity sports teams, leaders of school clubs and student government, founders and fundraisers for community organizations, EMT's and hospital volunteers, as well as extraordinarily talented dancers and musicians. The Summit College Club is proud to honor them with scholarships and looks forward to following their continued success in the years ahead.

(above, l-r) The Summit College Club Foundation awarded nearly $30,000 in scholarships during the reception. Scholarship recipients were Bella Pires Silva, Lillian Arts, Julia Gumny, Anna Rice, and Jungmin Allison Kim. (Abigail Han is not pictured).

Courtesy Photo

The awards ceremony commenced with Summit College Club co-Presidents Hedy Tucky and Karen Kaplan welcoming guests and offering a brief history of the Club.

The ceremony also featured reflections from 2025 scholarship recipient Samantha Rose, who just completed her freshman year at Duke University. Samantha spoke about her college experiences and how the scholarship she'd received made it possible to pursue her dream of medical research and opened opportunities that might otherwise have been out of reach.

Emma Vachal, a 2025 scholarship recipient currently attending Brown University, sent a message about her recent experience at the National Conference for College Women Student Leaders, which she attended with support from the Summit College Club. In her message, Emma expressed her gratitude to the organization for the opportunity to attend the conference. She highlighted the valuable insights she'd gained from the conference workshops and activities, which focused on building and enhancing leadership skills.

The Summit College Club Foundation's scholarship program reflects the Summit College Club's longstanding mission of advancing equity for women and girls by helping to cover a portion of their college costs. Since the Club's inception in 1920, it has awarded more than $1.1 million in scholarship funds, an enduring legacy of investing in the future of talented young women.

Summit College Club is a branch of the American Association of University Women (AAUW), an organization that promotes equity for women and girls through education, research, and advocacy. For more information about the Summit College Club, visit us on Facebook, on the web at summitcollegeclub.org, or reach us by email at summitcollegeclub@gmail.com.

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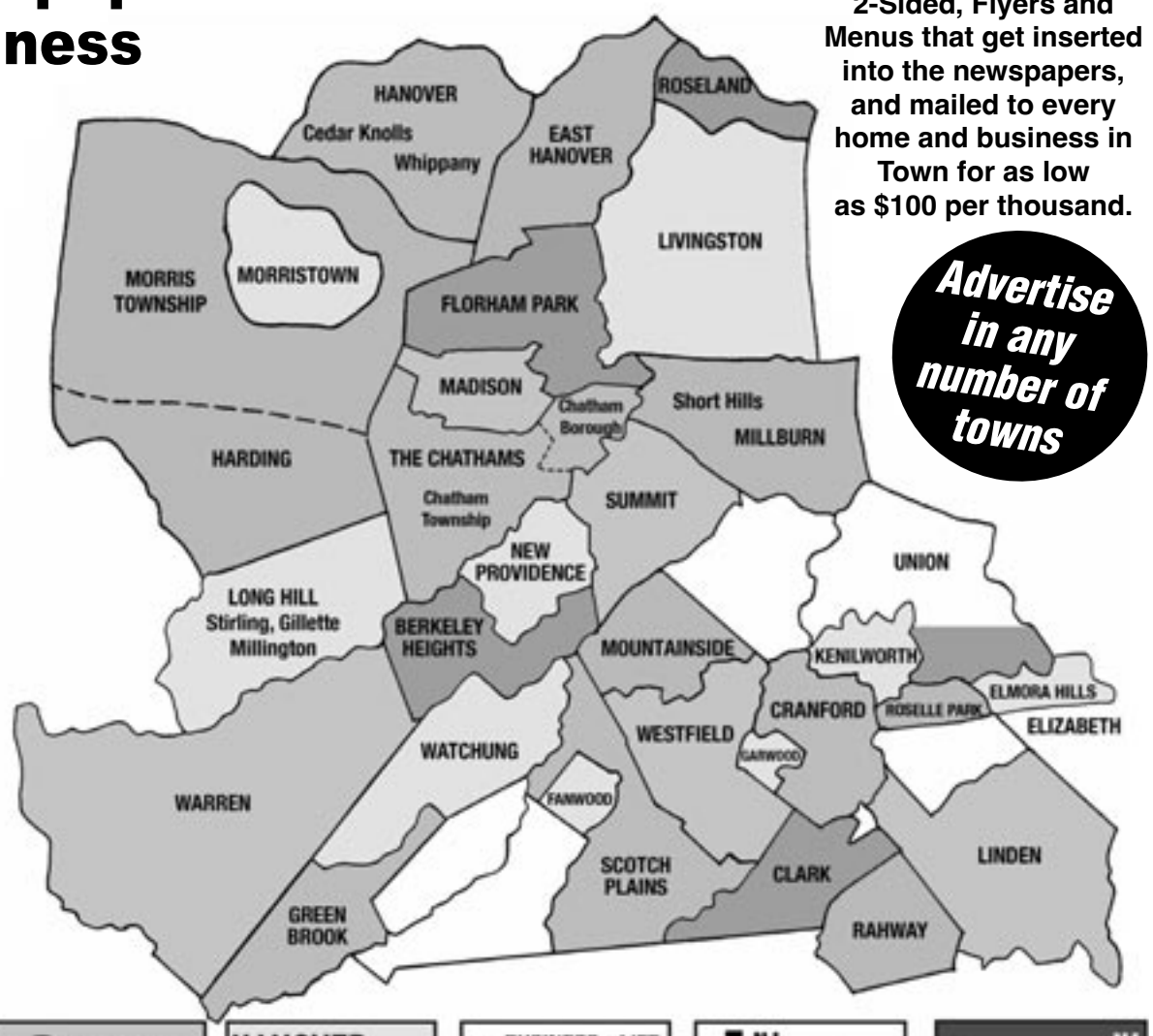

Berkeley Heights NJ Community News	The Chathams NJ	Clark Monthly
Qty: 5,000 Zip: 07922	Qty: 7,600 Zip: 07928	Qty: 6,800 Zip: 07066

Cranford Monthly NJ	East Hanover View NJ	Elmora Hills Elizabeth, NJ
Qty: 9,900 Zip: 07016	Qty: 4,700 Zip: 07936	Qty: 5,400 Zip: 07208 Section of Elizabeth, NJ

Fanwood Post NJ	Florham Park Press NJ	Garwood NJ Times	Green Brook NJ Gazette	Hanover Township NJ Press Cedar Knolls Whippany	Kenilworth Business • Life NJ	Life in Linden NJ	Livingston Monthly NJ
Qty: 3,000 Zip: 07023	Qty: 6,000 Zip: 07932	Qty: 2,500 Zip: 07027	Qty: 3,300 Zip: 08812	Qty: 6,100 Zips: 07927, 07981	Qty: 3,500 Zip: 07033	Qty: 18,000 Zip: 07036	Qty: 12,100 Zip: 07039

Long Hill Leader NJ	Madison Monthly NJ	Short Hills Millburn Monthly NJ	Morris Township Times NJ	Morristown Monthly NJ	Mountainside View NJ	New Providence News NJ	Our Town Rahway, NJ
Qty: 3,500 Zips: 07933, 07946, 07980	Qty: 6,300 Zip: 07940	Qty: 8,200 Zips: 07041, 07078	Qty: 13,500 Zip: 07960, Harding 07976	Qty: 7,000 Zip: 07960	Qty: 3,000 Zip: 07092	Qty: 5,100 Zip: 07974	Qty: 13,100 Zip: 07065

Life in Roseland NJ	Roselle Park Monthly	Scotch Plains NJ What's Happening Monthly	Summit NJ Times	Spirit of Union NJ	Warren Monthly NJ	Watchung Post NJ	Westfield NJ Monthly
Qty: 3,000 Zip: 07068	Qty: 5,600 Zip: 07204	Qty: 9,600 Zip: 07076	Qty: 9,600 Zip: 07901	Qty: 7,800 Zip: 07083 (partial)	Qty: 6,500 Zip: 07059	Qty: 2,700 Zip: 07069	Qty: 12,000 Zip: 07090

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2 Units	6.5"x2" or 3.25"x4"	150	360	560	600	700	800	900	1000	1100	1200	1300
4 Units	3.25"x8" or 6.5"x4"	240	560	900	1000	1300	1600	1700	1800	1900	2000	2100
6 Units	6.5"x6.25" or 10"x4"	320	760	1200	1400	1600	1800	2000	2200	2400	2600	2800
9 HALF PAGE	6.5"x9" or 10"x7"	360	860	1300	1600	1900	2200	2400	2600	2800	3000	3200
12 Units	6.5"x14"	400	960	1400	1800	2100	2400	2700	3000	3300	3600	3900
18 FULL PAGE	10"x14"	500	1200	1800	2200	2500	2800	3000	3300	3600	3900	4300
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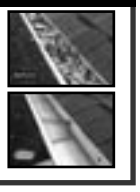

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