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## GIRLS ON THE RUN CELEBRATES SUCCESSFUL SPRING SEASON

*(above) Girls on the Run coaches and some participants.*

Starting at the end of March, girls in Long Hill met together twice a week at Kantor Park to run. Organized by the Girls on the Run program the girls learned what it means to be strong and confident, while making new friends and having fun.

Their amazing coaches were Jennifer Chiodo, Catherine Steege and Olivia Swierszcz. The highlight of the spring 2026 season was on May 30, 2026 at Branch Brook Park in Newark, NJ where all participants ran a 5k race with their running buddy.

**COACHES:**

Jennifer Chiodo, Catherine Steege, Olivia Swierszcz

**PARTICIPANTS:**

Anna Luna Gomez, Elisa Steege, Maya Steege, Margalit Chiodo, Delaney Hurley, Nora Jimenez, Hannah Rizzo, Marysa Cadet, and Scarlett Ronaldson.


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# Long Hill LEADER

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# GLP-1 FAILED THIS NEW PROVIDENCE MOM…BUT THEN SHE DROPPED 80 POUNDS AND RAN HER FIRST 5K.

There's something nobody tells you when you start GLP-1.

The medication can help you eat less. It can move the scale. For a lot of people, it's a genuine tool that opens a door that felt permanently closed.

But it can also quietly take something you can't afford to lose. Research shows that for many people, 25 to 40 percent of the weight lost on a GLP-1 isn't fat at all — it's muscle. The very tissue that keeps you strong, steady on your feet, and independent as you age.

So here's what Cristina Montero learned the hard way:

The medication is not the transformation. It's just the beginning of one — if you do the other parts right.

Cristina is 52, a mom from New Providence, and she's down nearly 80 pounds. Her inflammation markers (the culprit for almost every disease) are finally normal. She runs, carries five-gallon water jugs up the stairs and crossed the finish line of her first 5K without walking a single step.

But she'll be the first to tell you: the shot alone didn't do that.

This is her story… and if you're over 40 and currently taking GLP-1, or thinking about it, it may be the most important thing you read this year.

**GLP-1 WASN'T ENOUGH ON ITS OWN**

Before she started this journey, Cristina was ashamed… and she hid under her clothes.

"I knew how I felt and looked was my fault but I needed help," she said. "I always had an excuse for why I couldn't walk, exercise, or take the stairs. I felt tired and achy often. My doctors would tell me to lose weight and I'd say sure, I'm trying — but never really started. I functioned, yes. But I never realized how much my body missed feeling really great."

The frustrations ran deep. Looking in the mirror and hating how her clothes fit. Her chest size felt unmanageable, leading to upper back pain every single day. After gaining close to 100 pounds during her son's pregnancy, her health had taken a serious turn — arthritis in her knees, autoimmune issues, hypertension, and chronic inflammation that no medication seemed to touch.

"My energy — well, if I was in the middle of the mall and they only had stairs, I'd look for an elevator or just sit and wait," she said. "I was so out of shape for the last 25 years. Always tired, almost every morning waking up with a new pain.

There were moments that were quietly humiliating — the ones she didn't talk about much. If something fell on the floor, she had to ask her kids or husband to pick it up because kneeling caused excruciating knee pain. There were times her back spasms were so severe she got stuck on the floor.

She tried everything. The 3-day tuna diet. Nutrisystem. A staple in her ear. Atkins. Weight Watchers. Paleo. Gluten-free. 21 Day Fix. Factor. Orangetheory. Private trainers. Get In Shape Women. Zumba. Some of them worked temporarily. None of them lasted.

"I was successful in some of them but it never lasted," she said. "I'd start to lose a little weight, then go back to normal habits — and always gain it back and more.

Then came GLP-1.

The first time she tried it, she thought the injection alone would do the work. No meaningful diet changes. No exercise. Just the medication.

"That failed miserably," she said plainly. "Injecting and continuing to eat normal junk didn't move the scale like I expected. It only made me feel sick."

She stopped GLP-1. A few months later she tried again… this time with a completely different mindset. This time, she was mentally ready to include something she'd always avoided: A fitness program with people that knew what they heck they were doing.

**THE CONVERSATION THAT CHANGED THE PLAN**

Cristina's son, Andres, had been talking to her for years about what lasting change actually requires. When Cristina restarted her GLP-1 journey he helped her understand something that most people on the medication never hear: the drug can reduce your appetite and help with weight loss, but without weight training, a significant portion of what you lose won't be fat — it'll be muscle. As much as 25 to 40 percent of it, according to the research.

And muscle isn't just about looking toned. It's the tissue that protects your bones, keeps you strong, and decides whether the next twenty years of your life are spent independent or needing help. Lose muscle and everything gets harder. Your metabolism slows. You feel weak.

"My son opened my eyes to incorporate weight training and cardio," she said. "That was the piece I'd always been missing."

**NOT THIS** **THIS**

That's when she walked into Gabriele Fitness, a small personal training gym in Berkeley Heights that had a 19 year stellar reputation for helping adults over 40 get in the best shape of their lives. As trainers that always stay on the cutting edge… they knew exactly how to help someone taking GLP-1 maximize their results.

**WALKING INTO GABRIELE FITNESS FOR THE FIRST TIME**

She arrived embarrassed, scared but quietly hopeful.

Like many adults over 40 she was afraid of making her knee pain even worse and was convinced she wouldn't be able to do most of the exercises. And after years of fitness programs that hadn't worked, she was bracing herself to be disappointed again.

What she found was something different than anything she'd experienced before.

She started two days a week. The coaches didn't hand her a generic program and wish her luck. When her knee barked, they modified it. When her back felt it, they adjusted in real time — often before she said a word…because they were watching her face, her movement, the subtle signals her body was sending. And every session was building the one thing the medication couldn't give her back: strength.

"They know when to push and how much," she said. "They recognize when it's an off day and work with me to keep me moving. No more excuses."

For the first time in 25 years of trying, she didn't feel lost in a gym and instead was filled with hope.

**WHAT HAPPENS WHEN GLP 1 AND PERSONAL TRAINING WORK TOGETHER**

Once the training clicked alongside everything else, the results that had been stalled for months began to move — and they didn't stop.

Nearly 80 pounds gone. Inflammation markers, elevated for over a decade despite multiple medications, are finally normal. Her doctors, who had been telling her for years to lose weight, are looking at her bloodwork with something close to disbelief.

**"Years of taking so many meds could have been avoided with a prescription to a gym with a great group of caring personal trainers"**

But the numbers only tell part of the story.

"My clothes fit better and I actually don't hide under them anymore," she said. "I've lost inches throughout my entire body. Occasionally when I'm with my husband and kids, I love showing them how I notice a muscle — how my quads are actually forming. It truly is amazing. It's a change I never thought I'd see."

She's simply a happier person. After she posted a picture recently, a friend reached out to congratulate her for looking so happy and confident — and then told her she'd motivated her to start as well.

"I feel more confident in my clothes and in my own persona," Cristina said. When people see me in person, they tell me I look like a completely different person. A happy and confident woman."

She can kneel now without pain. The woman who used to ask her kids to pick things up off the floor because she couldn't bend down now carries five-gallon water jugs in each hand up the stairs. She hops into her husband's truck without struggling. She wears three-inch stiletto heels. She walks into any store she wants and does a celebration dance in the fitting room when things fit.

These aren't just cosmetic wins. They're the quiet markers of a body that's going to stay strong and independent for decades — getting off the floor on your own, carrying the load, catching yourself when you stumble. That's what muscle buys you, and it's the one thing no injection can.

And this past September, she stood at the starting line of a 5K, knowing she never had run that far in her life. She was nervous and worried she wouldn't make it.

She crushed it, and didn't stop once. Not even on the hill.

"Crossing that finish line without stopping was one of the proudest moments of my life," she said

**A PERSONAL MESSAGE FROM CRISTINA TO ANYONE ON GLP-1 — OR THINKING ABOUT IT**

"GLP-1 is a tool. But it's not the secret fix the media is making it out to be. I learned that the hard way the first time around. The gym — real coaching, real structure, real accountability — is what made everything actually work.

I'm not getting any younger, and I want to live long enough to see my grandkids. Most importantly, I don't want to be a burden to anyone. That's what finally got me serious.

Get Started before you feel ready. You don't need to know what you're doing or get in shape on your own BEFORE you hire a trainer… that's what they're for. Just show up and the right gym will take it from there. For me, it's Gabriele Fitness and that one decision changed everything for me. You'll start to feel better than you have in years. Slow and steady works, if you stay consistent.

We all start nervous. Stop waiting for the perfect time and just get up and start."

For Those Who See Themselves… or are worried about someone that would resonate with Cristina's Story — Read This:

Gabriele Fitness has opened 13 spots for local residents to experience their personal training program FREE for 14 days. You'll get 14 days to experience what Cristina found when the missing piece finally clicked into place.

This offer expires soon and is limited to 13 people. To get the full details and see if any spots are still available, scan below or call 908-464-4441

**Scan the code or go to refer.gabrielefitness.com/cristina or Call us at (908) 293-9666**

**P.S**. Many people reading this article will be inspired by Cristina yet still feel hesitant to try the program. With anything new, there's always uncertainty — especially with something like a new fitness routine. But if you're not working out right now, or you've been inconsistent (like most people) you've read the exact article you needed to read today because…

Gabriele Fitness has helped thousands of people in this community over the past 19 years. For some, the program has had a life-changing effect, and many members have stayed for nearly two decades.

A large number of them are now in the best shape of their lives (…and 2 decades older) — but they all started in the same place as anyone reading this and considering starting their fitness journey. Because living longer only matters if you stay strong enough to enjoy it.

If you're still hesitant, the link below shares an ocean of success stories from people just like you… who've transformed their lives… and in some cases, the lives of everyone in their family. This is powerful stuff.

https://gabrielefitness.com/results/

To get the full details about the Free Personal Training Program and to see if any of the 13 spots are still available scan below…

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**SALE DATES:**

**SAT. SEPT 12: 9-3**

**& SUN SEPT 13: 10-2.**

# 4-H'ERS BRING ANIMALS TO WORK SESSION FOR A LIVELY SHOW AND TELL

*County of Morris*

A speckled white rabbit, a pair of chickens and two guinea pigs accompanied a half-dozen Morris County 4-H Club members to a recent Morris County Commissioners Work Session, where the youth shared their experiences in the 4-H program.

By all accounts, the animals stole the show, starting with 4-H Club member Khloe Terrazas lifting Luna the Lionhead rabbit out of her carrying case. After introductions, Khloe held the leash as Luna hopped around the room, delighting commissioners and greeting attendees gathered in the Knox Meeting Room.

The annual Morris County 4-H Fair, held in July, showcased the work, knowledge and skills developed by the county's 4-H youth members. The 2026 fair, held at High View Farms, featured animal displays, hands-on activities, entertainment and other traditional country fair attractions.

During the 2025-26 program year, more than 240 youth participated in 25 Morris County 4-H clubs, supported by more than 80 volunteers. In addition to clubs, the 4-H program offers multi-session events and stand-alone workshops that are open to all. Youth in kindergarten through one year out of high school are eligible to attend.

"Many people are familiar with 4-H 's animal science and agriculture background but we also participate in many project areas such as STEM, creative arts, hobbies and more," said club member Raima Bera. "Through these clubs, members develop important life skills such as communication, leadership, teamwork and care for their communities."

4-H Clubs are free and open to youth in kindergarten through one year out of high school. The program is part of Rutgers Cooperative Extension, the university's outreach arm to the community and a collaboration with the New Jersey Department of Agriculture. The organization's goal is to help distinct populations statewide to adapt to a rapidly changing society, improve lives and nourish communities through educational programs that are based in science. Learn more about Morris County 4-H at morris4h.org/home.

*(above, l-r) Morris County 4-H members Gwennevierre Maury (cq) with a Bantam chicken; Samantha with her guinea pigs Brownie and Nugget; and Khloe Terrazas with her lionhead bunny Luna. Back row, left to right, are Morris County Commissioners Tayfun Selen, Commissioner Deputy Director John Krickus and Director Stephen H. Shaw.*

*(above, l-r) Assistant County Administrator Brian Murray greets Samantha's guinea pig, Brownie.*

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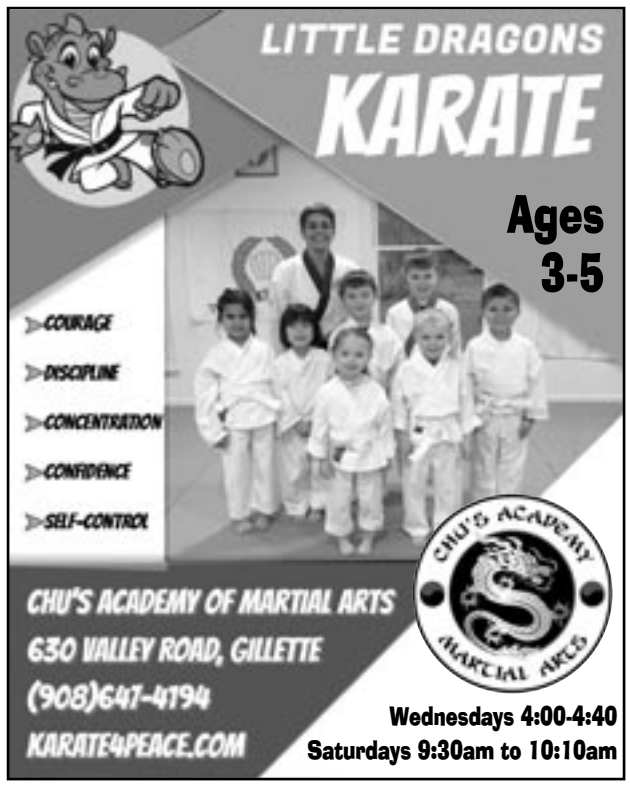


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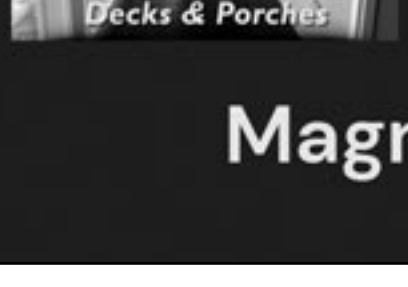


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# MORRIS COUNTY CORRECTIONS GRADUATION

*Morris County*

Sheriff James M. Gannon and the Morris County Correctional Facility Administration team proudly congratulate the members of County Corrections Police Officer Class 25-3 for their graduation from the Essex County Police Academy.

The class of ten recruits began their academy training on December 12, 2025, at the Essex County BCCCPO program. After 19 weeks of intensive academy training, which included physical conditioning, classroom instruction, unarmed defense, first responder and CPR certification, firearms training, and other specialized coursework, the recruits successfully completed the program and graduated on Wednesday, April 22, 2026.

The newly graduated County Correctional Police Officers are: Vincent Barba (Firearms Award), Cameron Bascomb, Keegan Carvajal, John Coleman, Corey Dempster, Kenny Elysee, Shaquille Gould, Jacob Nelson, Destiny Neuberger, and David VanWinkle

The graduation ceremony was held at the historic St. Lucy's Church in Newark. This backdrop provided a meaningful and memorable setting for families, friends, and academy staff to honor the dedication and achievements of the new officers.

Best of luck, God bless, and congratulations to Morris County's newest Correctional Police Officers as they begin their careers in service for the people of Morris County.

Photo by Morris County

*(above) Morris County Correctional Police Officers Vincent Barba, Cameron Bascomb, Keegan Carvajal, John Coleman, Corey Dempster, Kenny Elysee, Shaquille Gould, Jacob Nelson, Destiny Neuberger, David VanWinkle with the Morris County Correctional Facility Administrative Team*

# DOG DAYS OF SUMMER CONCERT SERIES

Enjoy a summer filled with music, sunshine, and community fun at Long Hill Township Parks & Recreation's Dog Days of Summer Concert Series! Join us Thursday evenings through August 13 at 7:00 p.m. at Kantor Park Grass Field (with special kickoff at Stirling Lake Beach) for a lively mix of classic rock, pop, big band, and soulful favorites - perfect for all ages. Bring a blanket or lawn chair, relax with family and friends, and enjoy great tunes under the open sky. Plus, most nights will feature the Scream Truck from 7:30 - 8:30 p.m. for a sweet treat. Don't miss this rockin' summer tradition!

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# LONG HILL TOWNSHIP LIBRARY AUGUST PROGRAMS

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*Mondays from 1-3pm*

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**Heartfulness Meditation**

*Wednesdays at 6:30pm*

Heartfulness meditation helps individuals achieve a deeper sense of relaxation, inner calm, and emotional balance.

**National Night Out**

*August 4 at 6pm*

Celebrate National Night Out with free food, a live band, games, face painting, and a screening of the Minecraft Movie.

**Summer Reading Finale Ice Cream Party**

*August 8 from 2-4pm*

Celebrate the end of our summer reading challenge with us! All participants are invited to join us for free ice cream!

## CHILDREN'S / TEENS PROGRAMS

**Quantum Quest (Ages 9-13)**

*Mondays at 3:30pm*

Learn the basics of quantum mechanics, how it applies to the real world, and why care.

**Storytime (Ages 2-6)**

*Mondays, Tuesdays, Thursdays, & Fridays at 10:30am*

This interactive program builds early literacy skills through books, movement, and activities.

**Rhyme Time Storytime (Ages 0-2)**

*Wednesdays at 10:30am*

Enjoy 20 minutes of songs, fingerplays, and simple stories.

**Stirling Lake Storytime**

*Wednesdays at 3pm through Aug 19*

Join us at Stirling Lake to read stories and talk books!

**STEMHERizons Science Projects (Ages 6-12)**

*Thursdays at 4pm*

Each activity is designed to spark curiosity and build confidence in children's STEM abilities.

**Sensory-Friendly Movie Screenings**

*Fridays at 2:30pm*

Enjoy popular movies n an environment welcoming to all. During the movie the lights will be partially turned off, volume will be lowered, subtitles will be turned on. You are welcome to bring small comfort items such as headphones, fidgets, and stuffies.

**Library Chef Virtual Kids Summer Camp (Ages 5-9)**

*August 3-5 at 11am*

online on the Library Chef website. Enjoy live, virtual classes that teach basic kitchen safety and cooking skills, while demonstrating how to make delicious recipes. Classes are recorded and available to view anytime.

**Make Glitter Slime (Ages 5+)**

*August 4 at 2:30pm and 4pm*

**Hackaneers Coding Club**

*August 5, 8, 12, and 15 at 3pm*

An engaging, beginner-friendly coding club that introduces core programming concepts through fun, hands-on projects.

**My First Book Club (Ages 5-8)**

*August 12 at 4:30pm*

Books and snacks are provided.

**Library Chef Teen Virtual Cooking Classes (Ages 10+)**

*August 12 at 6pm*

online on the Library Chef website. Enjoy a live, virtual class that teaches basic kitchen safety and cooking skills. Classes are recorded and available to view anytime.

**Inside College Admissions**

*August 12 at 6:30pm online*

By offering some basic steps to begin the college search and expanding awareness of the admissions model, from the point of view of an admissions counselor.

**Read to a Therapy Dog**

*August 15 at 10:30am*

Practice your reading skills or just spend time with a lovely therapy dog at the library.

**Storytime with Shakespeare Theatre of NJ**

*August 18 at 10:30am*

**Kids Book Club (Ages 8-12)**

*August 19 at 4:15pm*

discuss a new book each month, do an activity, and share a snack!

**Teen Book Club (Ages 13-18)**

*August 19 at 5pm*

We'll spend the first half of the meeting reading in companionable silence. During the second half of the meeting, we'll chat about what we've read recently and eat some snacks!

**Virtual Author Talk: G. Neri**

*August 20 at 7pm online*

celebrated author G. Neri invites readers for a journey through the U.S. in his funny and heartfelt book, My Bicentennial Summer.

**Comic Book Club (Ages 6-12)**

*August 26 at 4pm*

Calling all graphic novel, manga, and comic book fans! Join us to follow fun tutorials, design your own comics, share favorite books, and enjoy snacks along the way.

## ADULT PROGRAMS

**Movie Matinees**

*Wednesdays at 2pm, Thursdays at 1pm*

Enjoy a selection of classic and new movies. An enjoyable and air-conditioned way to spend 2 hours on a summer afternoon.

**The Jersey Shore**

*August 3 at 6:30pm online*

Travel along on a photographic tour with Mario Medici that's "Shore to Please!" From Sandy Hook to Cape May, you'll discover an array of beautiful and historic towns, beaches, buildings, and shipwrecks.

**Author Talk Watch Party: Julia Child's Kitchen**

*August 4 at 2pm online and in-person*

Join us for a conversation that's sure to warm your heart (and make your stomach rumble), as we delve into the legacy of cooking icon Julia Child with Smithsonian curator and public historian Paula J. Johnson.

**USA 250:**
**How Paintings of the Revolution Influence Us**

*August 4 at 7pm online*

Mallory Mortillaro explores how paintings of the American Revolution have been essential in the way that the war was understood, both at the time of the conflict and for generations after.

**Library Chef Virtual Cooking & Wellness Classes + Spice Club**

*August 5, 12, and 19*

online on the Library Chef platform. Classes are recorded. Pick up a sample of ground ginger and the accompanying physical recipe for the lettuce wraps at the library as part of our Spice Club!

**International Mahjong Day Celebration**

*August 7 at 12pm*

Join others who share your interest in playing Mahjong. Socialize with others, while playing Mahjong and eating pizza.

**Creative Writing Workshop**

*August 10 at 6pm*

Do you love to write? Join us in this collaborative, creative writing workshop! Inspiration, guidance, support, writing prompts, and gentle critiques will be provided.

**The Tate Modern Retrospective of Whistler**

*August 13 at 7pm online*

Mary Vahey provides an overview of the Tate's James McNeill Whistler exhibition.

**Learn About Virtual Museum Tours**

*August 19 at 12pm*

In this lecture we'll explore some of these virtual galleries, as well as digital tools that help bring art, architecture, and history to life!

**Intro to Artificial Intelligence**

*August 24 at 6:30pm*

Learn about Artificial Intelligence (AI) and how it is applied in the real world.

**Travel Series: Munich with Albie**

*August 25 at 2pm*

Come and hear about Albie's experience living in Munich, Germany. Trade stories if you've visited, or take notes if you'd like to go!

**Henri Matisse: Master of Color, Magician of Modernism**

*August 26 at 7pm online*

Janet Mandel discusses how the remarkable career of Henri Matisse fundamentally altered the course of modern art.

*Thank you Joe and Calvin from Creature Comfort Pet Therapy for reading with us! We had so much fun reading together.*

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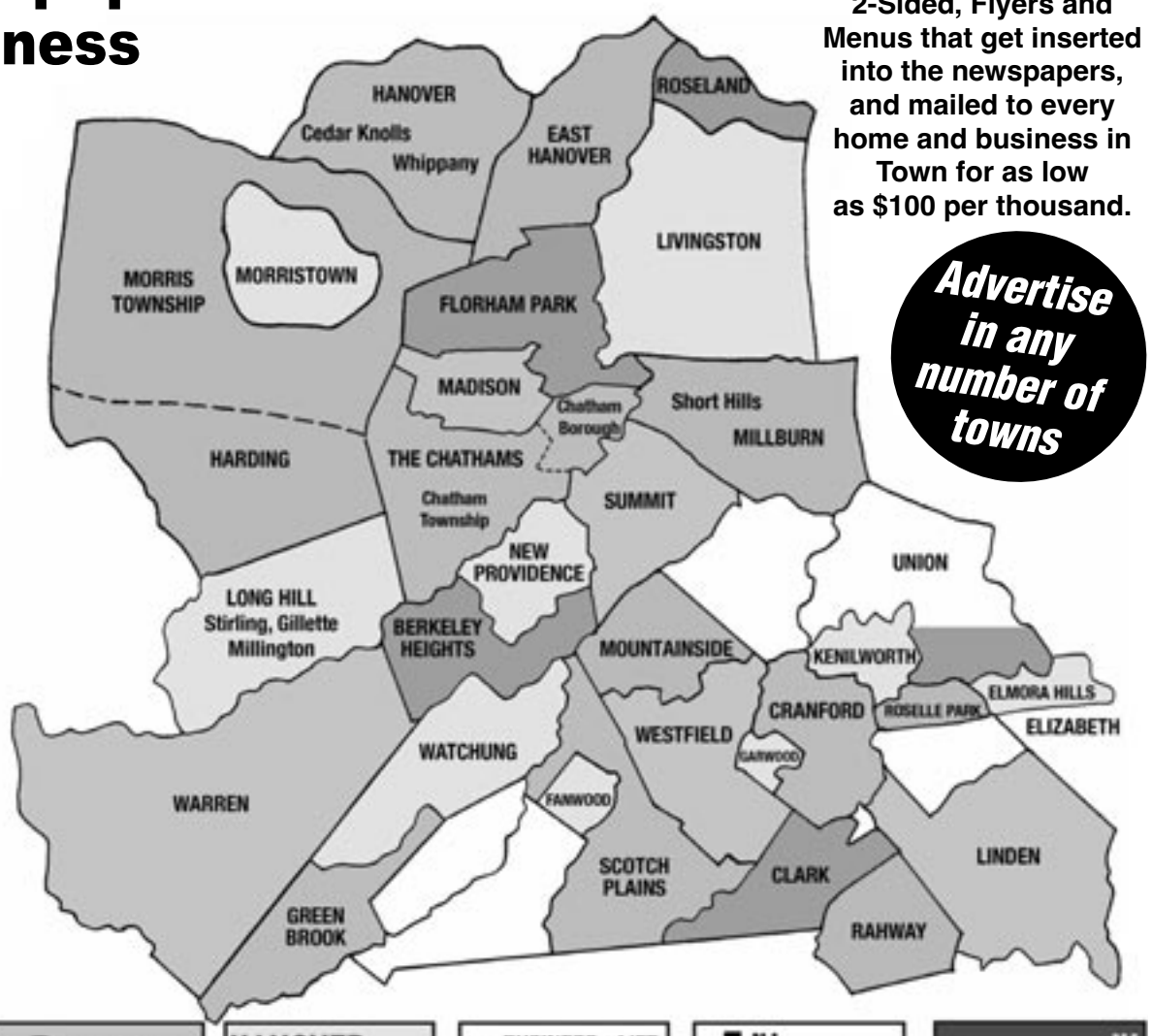


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## ALL AGES

### Escape Room: The Spies at Arnold's Tavern:

***Sat., Aug. 1, Mon, Aug. 3 & Tue., Aug. 4***

various time slots. A new challenge in our Revolutionary War-themed escape room! Quickly find the informant's dossier hidden in the tavern and escape before the British regulars arrive and capture you. Form a group of 2-10 people. Each group will try to "escape the room" and have the opportunity to win a $25 gift card. All ages welcome; children 12 & under must be accompanied by an adult. More info and registration required.

### Spanish Conversation

***Thu., Aug. 20, 3:30-4:30 p.m.***

Practice your Spanish language proficiency in a casual, small group environment. A basic level skill is recommended, however any skill level is welcome. No registration required. For teens and adults.

### Master Gardeners

***Sat., Aug. 22, 10:00 a.m.-1:00 p.m.***

The Master Gardeners will be available in our lobby to share info on their August gardening topics, Plan a Fall Crop & Preserving the Harvest, as well as answer your gardening questions. No registration needed; drop-in.

## TEENS

### Teen Terrarium Making

***Fri., Aug. 7, 3:00-4:00 p.m.***

Meet Zoophoria's amazing animals, the cousins of prehistoric dinosaurs, like a bearded dragon, skink, toad, snake, and an alligator! And learn how we can better our communities by keeping them clean. After interacting with the animals, create a terrarium. For ages 13-18. Registration required.

## CHILDREN

### LEGO Club

***Sat., Aug. 1, 10:00 a.m.-12:00 p.m.***

Create and build using LEGO! Your creations will be displayed in the Children's Room. For ages 4-12. Registration required

### Preschool Storytime & Music

***Tue., Aug. 4 & 11, 10:00-10:30 a.m.***

w/Mr. Laurence: Stories, fingerplays and music with Mr. Laurence. For ages 2-5. No registration needed.

### Dinosaurs Arise!

***Tue., Aug. 4, 3:00-3:45 p.m.***

Meet lifelike dinosaurs and unearth fossils with hands-on activities in this educational and interactive program! For ages 3-8. Registration required.

### David Darwin One-Man Sideshow

***Thu., Aug. 6, 3:00-3:45 p.m.***

Comedian, magician and juggler David Darwin will delight families and children of all ages. Registration required.

### Summer Family Films

***Monday afternoons @ 1:45 p.m.***

Free, family-friendly films. No registration necessary. These three movies are all the live-action versions.

***Aug. 10: "The Lion King" (PG)***
***Aug. 17: "Beauty and the Beast" (PG)***
***Aug. 24: "The BFG" (PG)***

### Unearth a Story

***Thu., Aug. 13, 3:00-3:45 p.m.***

Join Zoophoria and embark on a hands-on adventure interactive with reptiles, amphibians and invertebrates! For ages 3-12. Registration (required) at our website.

### Paws for Reading

***Thu., Aug. 20, 3:30-4:30 p.m.***

Read to a very patient therapy dog from Creature Comfort Pet Therapy! For ages 5-12. Registration required.

## ADULTS

### Adult Summer Reading Bingo Continues!

***from June 1 through August 31, 9:00 p.m.***

Pick up an adult bingo card at Readers Services. Get bingos through reading prompts; each bingo is a chance to win one of three $50 gift cards to Barnes & Noble. Bingo cards must be returned to our Readers Services desk by 8/31/26 at 9:00 p.m.

### Tuesday Book Club

***Tue., Aug. 11, 2:00-3:00 p.m.***

This month we're talking about The Hazelbourne Ladies Motorcycle and Flying Club by Helen Simonson.

### Socrates Cafe

***Wed., Aug. 12, 6:30–8:30 p.m.***

A discussion group using the dialogue of the Socratic Method. The only requirement for this program is a willingness to listen respectfully. Speaking is not required, although encouraged. Light refreshments provided.

### True Crime Chat (Via Zoom)

***Thu., Aug. 13, 7:00-8:30 p.m.***

Virtual true crime discussion group meets via Zoom. The Zoom link will be emailed to you shortly before the program start time. Registration required.
August topic: Lizzie Borden.

### Friday Afternoon Movies

No registration needed.

***Aug. 14: "Wicked: For Good"***
***Aug. 21: "Good Luck, Have Fun, Don't Die"***
***Aug. 28: "I Swear"***

### Medieval Book Club

***Tue., Aug. 18, 6:30-7:30 p.m.***

We read and discuss books chosen by the group. No registration necessary. This month's book: Melusine; Or, The Noble History of Lusignan by Jean d'Arras. Please see our website for links to free online translations.

### Mystery Book Club

***Mon., Aug. 24, 7:00-8:00 p.m.***

We read and discuss books chosen by the group. No registration necessary. August book: And Then There Were None by Agatha Christie.

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*(above) Zoophoria animal (for Teen Terrarium Making),*
courtesy Zoophoria NJ.

*(above) Dinosaurs Arise program*
courtesy Dinosaurs Arise LLC.

*(above) David Dawin One-Man Sideshow*
courtesy David Darwin.

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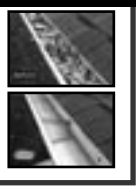

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